

The



HELMSMAN



JULY 1973



(just a bit more!)

The HELMSMAN



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14 July 1867 - 100 marines and seamen from the steamer USS WACHUSETT landed at Tung Chow Foo, China, to guard diplomats consulting with local authorities.

29 July 1858 - a successful attempt to lay a transatlantic cable was begun by the USS NIAGARA and the British AGA-GEMNON. The laying was completed on 4 August.

EDITORIAL

We are invited guests in Scotland and the United Kingdom and as such our behavior should be like guests in our own homes. The behavior of our men and their dependents is vital to our mission in the Holy Loch. The proper behavior of oneself, regardless of the environment, is not simply a military rule or a standard of conduct, but is a vital element in basic human relations. Each person has a responsibility to assure that he, and his shipmates, are the "proper" guests at all times. Remember, you would not invite a person into your home again who had made himself unwelcome the first time.

Behavior includes the manner in which one portrays oneself to others. This manner is reflected in one's speech, language, bearing, and among other aspects, external conduct toward other people. Behavior reflects not only one's rearing but his education and therefore his general outlook on any particular arena of life. Behavior, your behavior, is a reflection of your personality. Your personality is on public display most of your lifetime. It matters not what your personality thinks about particular aspects of life; what does matter is the external expression of your personality - be it kind, hostile, neutral, or whatever. One must not try to appease everyone; yet one must exert maximum efforts to prevent being offensive.

The parties to the North Atlantic Treaty Organization affirm their desire to live in peace with all peoples and all governments. They are determined to safeguard the freedom, common heritage and civilization of their peoples, founded on the principles of democracy, individual liberty, and the rule of law. These three principles are directly displayed in one's behavior. If all peoples behaved with full respect for these concepts, tensions throughout Western civilization could be dramatically lessened. Since that is near-utopian, we must assure that our obligations are fulfilled toward the international arena. The simplest way to express our belief in democracy, individual liberty, and the rule of law is in our personal behavior. When we behave respectfully, others will reciprocate.

ON THE COVER

Canopus' Tug-o'-War team, stretched to their limits, is being encouraged by Tiny Tim (ETI Joseph J. Ford) in their struggle with the Dunoon Constables. Provost Dickson, with a fresh neutrality, officiated in this second of three pulls, in which the Dunoon Constables won. However, Canopus went on to win handily in the "Highland Night" 4 July gala at the Dunoon Sports Stadium. Later in the evening, Tiny Tim thrilled the audience by Tossing-the-Caber.



Chaplain's Corner

Chaplain Albert P. Connelly
Lieutenant, US Navy

As I visit about Site One, people confidentially express a great deal of misunderstanding about the church - what it is, who it's for, and what it does. In Biblical language the church is referred to as "the body of Christ." The people are called members of the body. The term "body of Christ" is analogous to our own bodies. Christ is the head of the body, while Christians make up the rest of the body. Christians are members of the "body of Christ" in the same way that your arms or feet are members of your body. In other words, the church on earth is an outward and visible sign of Jesus Christ's continuous presence.

Some people are shocked to discover that Christians are not always "good guys." Being a "good guy" never made anyone a Christian, nor an Islam, nor a Jew. A Christian in most traditions is a person who believes and follows in Jesus Christ, and has been baptized. Many times a believer doubts and a follower gets lost. Nevertheless, he is still a Christian. I have known many angry and downright mean Christians. That isn't to say their attitudes were desirable, but that their faith was commendable. Their mark of distinction was the awareness of their total dependence on Jesus Christ. Most of these men were aware of their weaknesses and were attempting to overcome them.

A comment I continually hear is: "I'd go to church, except that all those hypocrites who go there turn me off." And again, this comment shows a significant lack of understanding. Praise the Lord that hypocrites go to church! That is precisely where they belong! Well men have no business in sickbay. The church consists of people who may or may not know that they are not whole. Christ does His thing for the sinner. And who among us is not without sin?

The mission of the church covers two fields. First, a sort of foreign policy is to let the non-church sinner know that Jesus Christ offers him victory over sin and death. Second, a sort of internal affairs, is to help Christians in their new lives which are filled with more trials and challenges than the non-church sinner faces. Through the sacraments, fellowship, preaching, and other ministries, the churchman is sustained in his struggle over sin and death.

HANS HELPS

EDUCATION

by EMC John Hans



Education, whether at an "A" school, a post-graduate curriculum, or through a USAFI course, is a never-ending process for everyone. Whether you're interested in technical training, or an academic education, there are few companies, or universities, that offer the range and variety of education available through the Navy.

Almost every Navy career field offers specialized educational opportunities. Many of these vocational schools offer accelerated advancement and financial rewards to qualified graduates. Civilian educational experts agree that Navy technical schools are among the best in the world. And in most ratings the Navy offers at least one, and usually more, of the following schools. Many of these schools can be completed by first-term personnel with no added service obligation. Some require an extension of obligated service in relation to length of school required.

Class "A" school - teaches the fundamentals of a rating and the skills needed to perform duties at the lower level of responsibility.

Class "B" school - provides advanced training in the technical skills of a rating. It prepares a career petty officer to assume a higher level of responsibility.

Class "C" school - the Navy's most specialized school, it offers training on particular equipment or skills within a rating, or those common to two ratings.

Highly motivated Navymen have the opportunity to earn a college degree through a variety of on-campus study programs. There are also programs to assure every sailor a continuing educational opportunity. Correspondence courses and tuition aid programs offer the equivalent of several hundred dollars worth of civilian schooling.

If you want to get ahead in a job today, you must have some training. This is especially true in the Navy because of the highly sophisticated equipment on our modern vessels. Over 130,000 Navymen and women take advantage of Navy schools yearly to learn their rating. They are learning important skills useful throughout their career, and beyond, in subjects ranging from baking to mechanics.

So, now, what are you waiting for? The Navy has the school - any school. You need the training. Why don't you both get together! See your Career Counselor today! Don't delay. Each day without some training is a day of your life wasted. Let's go!

LEGAL ADVICE

FOREIGN COURT RIGHTS

LCDR J. A. Roach

As a general principle of International Law, a sovereign state has exclusive jurisdiction over all persons within its territory. Under provisions of the NATO Status of Forces Agreement, jurisdiction is limited to the state having the "primary right," or most interest, in the specific legal matter. However, these provisions in legal matters are reciprocal; so whatever applies to American troops in alien countries applies with equal force to foreign military personnel from NATO countries in the United States. Specifically, American servicemen stationed within the United Kingdom are subject to United Kingdom criminal law except in certain rare situations.

Whenever a member of the United States armed forces is tried in a foreign court, he is entitled to various procedural safeguards which are guaranteed under the Status of Forces Agreement (SOFA). And these safeguards comprise most of those constitutional rights which we as Americans now regard as inviolable. This protection does not mean, however, that the procedure in foreign courts is identical with that of American courts in similar cases. We have no basis, nor a desire, for requesting that other countries change their laws. But we do have the right to insure that our servicemen receive fair and impartial trials, that they are properly defended, and that they are fully aware of all their rights under the situation.

The procedures established to safeguard all rights of our servicemen subject to trial by foreign courts are extensive. A serviceman who comes in conflict with foreign law is entitled to the aid and advice of representatives of his command from the time that offense is committed until the end of trial and appeal. He may be provided counsel at the expense of the United States government, and his trial will be attended by an official observer from his service branch, who except in minor offenses (e.g., minor traffic accidents) must be a trained lawyer. If the accused should be sentenced to confinement in a foreign jail, regular monthly visits, medical and dental care, where not otherwise available, and similar assistance are provided until the offender is released from prison.

Whenever you become involved with local authorities, let the Squadron Legal Officer know as soon as possible.

GREENOCK, SCOTLAND

History, as well as geography, helped to make Greenock the birthplace of the British sugar refining industry. Before the ship channel in the Clyde was properly deepened up to Glasgow, Greenock was the major west coast port in Scotland. Scottish skippers had by that time developed a considerable trade with the West Indies, and nothing was more natural than that Greenock should be the right place for handling one of the chief exports of the Indies - sugar.

In 1765 the first refinery other than primitive type was erected in Greenock. For a hundred years following then, refineries in Greenock grew like mushrooms. No fewer than 24 were built in the town altogether, yet there were never more than 14 working at a single time. Greenock became known as "Sugaropolis," and its influence on the worldwide sugar industry can still be felt.

As the nineteenth century progressed, so the number of refineries diminished. Newer methods were producing far greater volume of output than could be done with open fire and moulds of earlier days. Vacuum pans for boiling sugars at low temperatures and centrifugal machines for drying the sugars, were expensive items to install. During this technological improvement, many of the small refineries fell by the wayside. Although only a few refineries operate in the city today, they refine a much greater volume of sugar than was achieved by all the smaller ones put together. Also, syrup is an important Greenock product today.

Raw sugar comes to Greenock from many parts of the world, but there is also a source of sugar within Scotland. A beet factory is operated on a vast scale in Fife. Beets are grown locally and are the main raw material for that plant, although a small amount of raw cane sugar is imported to Dundee and is thence sent to the factory by rail.

Export trade is a major factor in maintaining maximum output from the Greenock refineries. The town supplies the bulk of the home trade for Scotland, as well as sending enormous quantities of sugar abroad. And while many other countries do not receive Greenock-refined sugar as such, a great amount is exported to them as constituents of other products, such as lager, biscuits, and whisky.

14 July 1862 - Congress passed an act stating that "... the spirit ration in the Navy of the United States shall forever cease, and ... no distilled spiritous liquors shall be admitted on board vessels of war, except as medical stores . . ."

HOLY LOCH SUMMER PICNIC

Much effort was expended in planning the annual Holy Loch Summer Picnic, held 1 July, and although the weather was the forecastable rain and wind, the picnic was a success. Like a county fair, all the ingredients were there for a grand old time. And a grand time was had, not only by the horde of mud-covered children scampering about, but also by the many Scottish and American adults. About 1,300 persons came, witnessed, participated, and all left in spirits higher than when arriving. It was simply a day at the Tennessee State Fair.

But those who've been here any length of time are accustomed to the weather, so rain was automatically planned as one of the events. Dunoon Sports Stadium, having fewer disadvantages than other proposed locations, was the ideal spot - plenty of room (for people and cars), easy accessibility, and sometimes weatherproof facilities. There were numerous game-of-chance booths (operated by the Holy Loch Youth Activities Group), and free hamburgers cooked in style, hotdogs, potato salad, and beer were offered.

There were games galore for entertaining the audience, including tug-o'-war, wives throwing their kitchen rollers (but not at their husbands), tossing and catching eggs, and relay races. Six Argyllshire contables and several Shore Patrolmen controlled access to the grounds, and assisted the audience in general. The picnic, jointly sponsored by CSS 14 Composite Recreation Fund and NAVACTSUKDET Holy Loch, was an improvement over last year's. As with the Pilgrims, Commander Atkinson and his enthusiastic committee fought the odds but weathered the storm, to the enjoyment of the entire crew.



The downpour just seems to whet one's appetite.

RACE RELATIONS (UPWARDS)

We, the Leaders

by SKC Ben Librojo
and HTT Roger Watkins

As leaders in the Navy we have two primary responsibilities: the accomplishment of our assigned military mission and the maintenance of the welfare of our sailors. A good leader knows that, with rare exception, these two responsibilities are inseparable.

First, equal and just treatment of all personnel exerts a direct and favorable influence on morale, discipline, and command authority. These key factors contribute to mission effectiveness and help assure equal treatment. Second, we leaders are responsible for the well-being of our personnel. We cannot fulfill our obligations and complete our assigned tasks without understanding and taking an interest in our men. Men are the single most valuable asset in job accomplishment.

The implication of this should be apparent. To a large extent, our success as leaders is going to depend on our ability to take men from a great variety of cultural backgrounds and life-styles, with all their racial suspicions and hostilities, and create in them unity and action necessary for an effective ship's team. If we fail in this one task, we fail ourselves in creating high morale, we fail to maintain ship's efficiency, and we fail to generate respect for our leadership.

Our job, then, requires that we learn how to carry out our responsibilities in implementing Navy policy regarding equal opportunity. If the link between the policy and reality is put together, it will have only occurred because we leaders understand and implement that policy. If we don't understand, then our job as leaders is to learn. We can start by attending the UPWARD seminar.

Almost all commercial airlines offer a 50% discount to active duty personnel who fly in a standby status. Standby travel is limited to the continental United States, Hawaii, Alaska and Puerto Rico. To qualify, you must be on active duty, traveling on authorized leave, liberty or under orders, with delay enroute or within seven days from the date of discharge.

Thirty days can be an excellent opportunity to discover another world - another people. Enjoyment, enrichment and knowledge can be the returns for those Navy men who fully avail themselves of their travel benefits.

USS LOS ALAMOS (AFDB 7)

On 9 June 1973 LCDR William E. Owen, USN, relieved LCDR Arthur C. Akerson, Jr., USN, as Commanding Officer, USS LOS ALAMOS (AFDB7). The Los Alamos, originally commissioned the ABS07, is the largest lift-capacity floating drydock presently in use by the US Navy. It is one of only seven sectional-type floating drydocks designed to provide overseas repair bases for our fleets. Los Alamos was completed in 1944, and was being towed to the war zone when hostilities ended in 1945. In 1961 Los Alamos was towed to Holy Loch, where four of her sections were assembled. The remaining three sections of the drydock are "in reserve" at the Beaumont, Texas, Reserve Fleet facility. Since arriving in the Holy Loch, Los Alamos has completed more than one hundred fleet ballistic missile submarine docking operations.



Change of Command with LT Huffman, Los Alamos' Executive Officer, CAPT Kelln and Chaplain Conley observing.

LCDR William F. Owen, a native of Auburn, Alabama, was commissioned an Ensign in March 1959 upon graduation from Auburn University. He was then ordered to the USS PINNACLE (MSO462), where he served as Engineer and as Operations Officer. He reported to USS THRUSH (MSC204) as Executive Officer in 1961. Upon detachment in 1962, he reported to the Submarine School, Submarine Base New London, Groton, Connecticut, for training.

Following this training, LCDR Owen reported to USS ODAX (SS484) in April 1963 as Supply Officer. He sub-



LCDR WILLIAM F. OWEN

sequently served ODAX as Weapons Officer and Engineer. From 1965 to 1967 he was a student at the Naval Postgraduate School, Monterey, California. Upon graduation he reported to USS TIRANTE (SS420) as Navigator and Operations Officer. In January 1969 he reported to USS BARRACUDA (SST3) as Executive Officer.

In July 1970 LCDR Owen reported to the Naval War College, Newport, Rhode Island, serving as the Submarine Warfare Officer in the Center for War Gaming. His next assignment was Commanding Officer, USS LOS ALAMOS. LCDR Owen is married to the former Beverly Bradley of Jacksonville, Florida. They reside in Dunoon, Argyllshire, Scotland, and have three children: Stephanie, William, and Christopher.

LCDR Akerson, upon detachment from Los Alamos, reported to Commander Submarine Squadron Fourteen for duty. He retires from active naval service on 1 August 1973, having completed more than 25 years of service.

NO-COST MAC FLIGHTS

Active duty Navy personnel may fly at no cost on MAC flights for either domestic or overseas flights. Accommodations for personnel are provided on a space-available basis, with priority going to personnel on emergency leave status. Dependents, when accompanied by a military sponsor, may also use MAC flights. A dependent may fly unaccompanied when an emergency has been verified by the Red Cross or overseas commander. To take MAC flights, active duty personnel need only sign up in person for the flight he wishes to take, then appear in uniform on the appropriate date.

FRANKFURT ROUND-TRIP FREE

Here in the Holy Loch you have a golden key to Europe—a free “passport to the foundations of Western civilization.” Just think — one morning you depart for Prestwick, arriving there just before noon. At 1300 your MAC plane takes off for Frankfurt, and two hours later you arrive in Germany. Shortly thereafter you board a US military bus, which takes you to a train station. There you board a US Army train, and several hours later, after a comfortable journey, arrive in Berlin. From Holy Loch to Berlin by boat, bus, plane, and train — and you haven't yet spent a penny! Sound impossible? Well, it's not.

Each time a submarine crew change-over occurs, the plane continues to Frankfurt after unloading some 135 passengers. However, few other passengers normally board the plane at Prestwick; consequently it continues to Frankfurt with some 135 empty seats. Then, about three-and-a-half days later, the plane departs Frankfurt en route to Prestwick to pick up another submarine crew. And again, the plane has some 135 empty seats to Prestwick. At Prestwick, the submarine crew

boards and the plane continues to the States.

With each submarine crew movement, approximately each nine days, the above journey occurs. It is at the mid-point of this crew movement that you are practically guaranteed a free round-trip air ticket to Frankfurt from Prestwick. All you need is a military uniform, leave orders or authorized liberty papers and possibly a passport, depending upon your destination.

Crew plane arrival and departure information is available at Canopus' Personnel Office and the Squadron Administrative Office, usually 60 days in advance. By simple coordination (obtaining flight dates, and obtaining authorization for leave or liberty), you can schedule this free round-trip to Germany. The policies vary concerning granting of leave, but your Division Head will clarify that point for you.

The central point is that you can go to, and return from, the very heart of Europe without spending a penny. You really can't afford not to take advantage of this rare opportunity. The roads from Frankfurt are wide open for three days. For particulars, stop by either the Personnel Office or the Squadron Administrative Office.



A "Bon Voyage" party was recently held in the CPO Club for all members and their wives who are departing the Holy Loch this summer. Recognize anyone?

DRUG ABUSE

ALCOHOLISM

by ENI Omzy D. Tullis

Heroin, LSD, and marijuana are today prohibited in the United States partly because they are dangerous and partly because they serve no useful medical purpose. The prohibition of the barbiturates, the non-barbiturates, sedatives, and the minor tranquilizers — despite their potential hazards — is rarely suggested even by anti-drug extremists; their unquestioned importance as medicines stands in the way. But what about alcohol? Should it not be banned on the same grounds that heroin, LSD, and marijuana are prohibited?

Let's put aside weighty arguments against alcohol prohibition, and try to consider for the moment the arguments in its favor. Alcohol addiction today is second only to nicotine addiction in incidence and prevalence in the U.S. A conservative estimate is that seven million Americans are alcoholics, but figures of up to ten million alcoholics and "problem drinkers" are also cited.

Alcohol addicts are unable to refrain from their drug even though they decide to, want to, and try to quit drinking; those who succeed for a time remain in imminent danger of a relapse. To those millions of alcohol addicts must be added millions of "spree drinkers" who are not addicted, but who from time to time get rip-roaring drunk. Alcohol prohibition, if enacted and effectively enforced, would keep these addicts and drunks away from their drug; and it would prevent new cohorts of young people from becoming addicted, or so it might be logically argued.

Alcohol addiction, unlike morphine addiction, is utterly destructive to the mind. Alcohol is similarly destructive to the human body. Whether alcohol is solely responsible for this damage to mind and body, or whether defective nutrition also plays a role, has long been debated. Alcohol-related offenses are also the biggest law enforcement problem in the U.S. by a wide margin.

One of the most powerful arguments in favor of alcohol prohibition is rarely advanced — that it is useless to prohibit other drugs, even heroin, so long as alcohol remains freely available. Many heroin addicts deprived of heroin promptly turn to alcohol instead and become alcoholics. Other drug users may do the same.

It is the private decision of an individual to use or not to use alcoholic beverages lawfully unless his use of alcohol interferes with the efficient and safe performance of his duties, reduces his dependability, or reflects discredit on the Navy. It is, however, Navy policy to promote attitudes of

responsibility with respect to alcohol in those persons who choose to drink, to promote the social acceptability of an individual's decision not to drink, and to provide both the drinker and the non-drinker realistic information on alcohol and alcoholism; also to remove the stigma of alcoholism from society, including the Navy. "Become More Aware!"



Engineman First Class Omzy D. Tullis has recently been assigned to Submarine Squadron Fourteen as the Drug Abuse Education Specialist. In this capacity his responsibilities are primarily drug and alcohol education. For assistance, Petty Officer Tullis may be contacted at extension 527.

Every Navy man and woman serving on active duty is entitled to 30 days' paid vacation each year. What does that mean to you? It means a chance to get away from the rigors of work and spend some time visiting the more exotic places on the globe. The adage, "Join the Navy and see the world" still holds true. Today, however, it's even easier for Naval people to be whisked away either on Military Airlift Command (MAC) flights, or by commercial carrier.

GOOD CONDUCT MEDAL



Presented the second award, unless otherwise indicated, of the Good Conduct Medal on 22 June 1973 are (l to r): SDC Romulo Delosreyes, MRI James A. Doherty, TMC Joel M. Carson (4th), SK3 Rodolfo A. Baquir (3rd), SD3 Adunio M. Narvez, SD1 Cesar D. Espinoza and RMI Hoover R. Coney.

NAVACTSUK SPECIAL SERVICES

USNAVACTSUKDET Holy Loch Special Services, a non-profit entity, receives money from the net profit of the local Navy Exchange Retail Store. This primary source of financial support is supplemented by income from Special Services operations. With this money, they try to provide services for the most people. And most equipment required for the operation of Special Services facilities is very expensive.

Special Services is now experiencing a "critical" financial period - low income, but high demand for services. The present result is that total expenses exceed total sources of money. And many pieces of equipment need repairing or replacing. Complicating this situation are the many new facilities being installed or in the planning stages.

To overcome the present condition, a steady and supplemental source of money had to be found. Through normal inflation, routine expenses will continue to increase. Repair costs, or replacement costs, for equipment is very high, as both are acquired in the Scottish market. Purchase prices for new equipment is another irritant, particularly certain types of operational equipment (e.g., the new overhead score board and a new cash register, both purchased for use in the Bowling Alley, and which are not inexpensive items).

The new steady and supplemental source of income will be a rental fee on equipment issued at the Special Services Issue Room. A rental fee is presently charged for use of lockers both in the Gymnasium and in the Bowling Alley; however, these fees will not be increased. Nor will fees for use of the Bowling Alley lanes be increased, hopefully.

Instead, a rental fee will be imposed on certain equipment issued at Special Services. This equipment includes bicycles and camping gear, both having high repair/replacement cost. And fees will be levied for use of the Auto Hobby Shop and the Wood Hobby Shop. These fees will be low and reasonable, while being in line with the fees recently instituted at other Navy bases. Still, this supplemental income from the rental fees will not cover repair or replacement costs, or the associated overhead costs.

As mentioned earlier, many new facilities are projected for the area. Already, construction has begun on a new 85-seat theater. The theater, for which \$27,000 has been allocated, will have a dual-projection system, and a suspended ceiling. Yet many other plans are incomplete. If the construction begins on certain new facilities, services at some present facilities may be curtailed. Although inconveniences are not impossible through the near future, minimum inconveniences will be assured.

UNIFIED, SPECIFIED COMMANDS

A Unified Command is a combat command with a broad and continuing mission, composed of forces of two or more Services under a single commander. A Specified Command also is a combat command with a broad and continuing mission; however, it normally is composed of forces of only one Service. Commands of both types are established by the President, through the Secretary of Defense, with advice and assistance of the Joint Chiefs of Staff.

Today the Department of Defense protects American interests world-wide with this integrated system of land, sea, and air forces provided by the eight Unified and Specified Commands. While the organizational and functional aspects of each type of command are complex, the following gives the basics of our European Command.

The US, as a member of the North Atlantic Treaty Organization (NATO), commits its forces to the defense of Europe through the Supreme Headquarters Allied Powers, Europe (SHAPE), headed by General Andrew J. Goodpaster, the Supreme Allied Commander, Europe. General Goodpaster is an American Army general who simultaneously wears a hat as Commander-in-Chief, United States European Command (USCINCEUR). As the top NATO commander, he heads a NATO force of 13 nations. (There are actually 15 countries within the NATO Pact, but France and Iceland do not contribute military forces to NATO.) SHAPE headquarters is located near Casteau, Belgium.

The United States European Command is also highly complex. USEUCOM is responsible for a geographical area which includes the western countries of Europe, the United Kingdom, the Mediterranean and its sea coasts, and the Middle East. Headquarters of the CINCEUR is located at Stuttgart, Germany. Major components of operational military forces under CINCEUR are the US Army, Europe (USAREUR), headquartered at Heidelberg, Germany; US Navy, Europe (USNAVEUR), headquartered at London, England; and US Air Forces, Europe (USAFE), headquartered at Ramstein, Germany.

(Commander's Digest, XIII, 34)

SAILOR OF THE MONTH

HTFA Charles Lee Phipps, of Canopus' R-1 Division, was selected May Sailor of the Month. He is assigned to the Repair Department's Ligning and Aerogrip Shop. According to Commander G. E. Livingston, Repair Department head, Fireman Apprentice Phipps, working in a very arduous position, "has performed excellently" in a shop where men have folded under pressure.



Two teams, whose members were from various American cities, participated in the Cowal 73 International Youth Soccer Tournament in Dunoon 9-21 July. Above, Captain Brooks is being introduced to each player by coach Hubert Vogelsinger, who also coaches at Yale University.



On 1 July 1973 Mr. Alexander Fitzpatrick and his 138th Glasgow Company of Boys' Brigade toured the Canopus. Mr. Fitzpatrick is third from left in the back row.

SPECIAL SERVICES ISSUE ROOM

The Special Services Issue Room is located on the ground floor of Ardnadam Gymnasium. Upon presentation of an identification card, and providing that a person is qualified to use the specific equipment, equipment for the following sports may be checked out, usually for a specific time:

Badminton	Horseshoes
Basketball	Shuffleboard
Bicycles	Soccer
Camping Gear	Softball
Fishing, spinning reels	Tennis
Football	Tents, varied sizes
Golf	Volleyball
Hiking, backpacks	

The above equipment may be checked out during the following hours:

0900-2200	Monday thru Friday
1100-2000	Saturday and Sunday

In addition to this check-out equipment are numerous other services provided by Special Services. A subsidy is provided to Dunoon Swimming Pool in order that US Navy personnel, and their dependents, may swim free upon presentation of a military identification card.

Facilities in Ardnadam gymnasium include a weight room and a sauna room. Other Ardnadam facilities are the movie theater and the newly-completed recreation lounge. Special Services facilities at the Queen Street complex include an Auto Hobby Shop and a Wood Hobby Shop, both providing an array of important activity.

SPECIAL SERVICES NEWS

by YN3 Robert F. Ottman

Since January we have sent groups of US Navy people touring throughout Europe, including jaunts to Copenhagen, Amsterdam and Rome. These tours have been very enjoyable, educational, and at minimum cost. We are presently working on tours for the fall season. These tours will start with the Oktoberfest in Germany and end with the charter Christmas Flight to the States.

The chartered Christmas Flight will be from 20 December until 4 January 1974. Due to new government regulations, we will need full christian names and passport numbers, or military ID card numbers, of all passengers. Any person interested may sign up during the first week of September. We also will be sponsoring a one-day tour to the Edinburgh Tattoo for 40 persons — sign up time will be announced.

Did you know that there is a US Navy Holy Loch recreation field? There is, and it's located about six miles west of Sandbank on the Glen Massan Farm. A huge field, amid spectacular scenery, the recreation area will provide the Holy Loch with a long-needed outdoor-sports arena. Since May, it has been used mainly for our intramural sports program.

Last month picnic tables and barbecue grills were set up for your benefit. But, as all things go, there must be rules. Swimming and fishing are prohibited at all times within the area — strict enforcement is the rule. And trash must be removed by the individual users of the field. Remember, it's your recreation field; so let's keep these rules enforced. Any US Navy group may reserve this field by contacting NAVACTSUK Special Services.

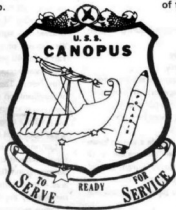
8 March 1961 — USS PATRICK HENRY (SSBN) returned from patrol and came alongside the USS PROTEUS (AS19) becoming the first ballistic missile submarine to use Holy Loch, Scotland, as a refit and upkeep anchorage.

letters of commendation



Presented letters of commendation on 22 June are (front, l to r): FA Julius R. Sligh, SA Bruce A. Mills, MT3 Robert G. Castillo, PCSA Gordon S. Walls, and ETN2 David Reaka. Rear, l to r): PC3 Stark D. Nelson, SA Floyce Wingate, Captain Kelln, FA Milton T. Walton, SK2 Starr Wilkins, and PN3 Rayford D. Winn. These men, all members of our Holy Loch "Sonics" basketball team, were cited for having given Scottish teams "a good, competitive game of basketball." They "exhibited good sportsmanship at all times," while their eight victories in ten games indicated their skill.

Although neither a submersible nor a combatant ship, CANOPUS is an indispensable element of the Navy's fleet ballistic missile weapons system. CANOPUS (AS 34), like her predecessor (AS 9), is named for the second brightest star in the heavens. The star Canopus is a supergiant and cannot be seen above a certain latitude. Activities of some early civilizations were oriented on the position where CANOPUS arose above the horizon. Like these early civilizations, the Navy's missile weapons systems also focus upon CANOPUS, the ship. Yet the CANOPUS emblem symbolizes her defensive and protecting functions in contrast to the aggressive cutting edge of a combatant vessel.



The Greek Ship and its star cluster in the center represent the Argo Navis constellation in which the star CANOPUS resides. Flying through space to the right is the POLARIS missile. The large star connecting the shield and scroll at the bottom is CANOPUS. It guides the Greek Ship and the POLARIS missile, insuring accomplishment of their missions. The smiling DOLPHINS above symbolize our primary mission to cheerfully tend our undersea brood. The crossed rifles, encircled, recall the heroic stand of the embattled crew of CANOPUS (AS 9) on Bataan. The scroll's motto below pledges our readiness to serve in a determined, professional performance.

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FROM _____

_____ DIVISION

USS CANOPUS (AS-34)
FPO NEW YORK, 09501

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