



HELMSMAN



VOL. 5 NO. 2

FEBRUARY 1969

CHANGE OF COMMAND



HIGHLIGHTING Change of Command ceremonies for Submarine Squadron Sixteen on January, 29, was the presentation of coveted Legion of Merit awards to Captain Walter Dedrick, USN, and Captain William E. Sims, USN.

CONTINUED ON PAGE 24



FIFTY-SIX years of reaching and striving were finally rewarded for Richard Milhous Nixon on January 20, as he became the 37th President of the United States, succeeding Lyndon Baines Johnson on the steps of Capitol Hill.

CONTINUED ON PAGE 24

COMMAND COLUMN

I AM MOST PROUD OF CANOPUS AND HER CREW



W. E. Sims

Captain, U. S. Navy

As described elsewhere in this edition of "The Helmsman", Capt. William E. Sims, was relieved as Commander, Submarine Squadron Sixteen, by Capt. Walter Dedrick.

The ceremony, conducted on the helicopter deck, was attended by several hundred Spanish and American guests. At the reception following the ceremony, many of these guests remarked on the splendid appearance of our ship and the superb performance of her crew. I pass along these compliments to you who earned them. Our imme-

diately superior, Rear Adm. James B. Osborn, Commander, Submarine Flotilla Six, also was most pleased with the ship, as was Vice Adm. John A. Tyree, Jr., guest of honor and principal speaker.

In summary, I was most proud of CANOPUS and her crew. Well done to all hands.

Our time here in Spain is rapidly coming to a close and it is time we began thinking about repaying those in the area for the friendship and help they have extended to CANOPUS crew and families. It is important that we recognize and show our appreciation for their contributions to this ship.

I encourage each of you to contact your recreation committee representative with the names of any Spanish or American people or organizations which you feel have been particularly helpful to the CANOPUS crew here in Rota. Any suggestions for methods of demonstrating our thanks are also solicited.

Finally, I wish to comment on your continuing safe driving record. Keep up the fine record you have established over the past several months.

SUBSCRIBERS:

TAKE NOTE

The editor wishes to remind all those on the mailing list that the forms mailed with the January, 1969, issue of "The Helmsman" are to be returned not later than March 1st.

To those who have already returned the form, we wish to say thank you. Those that have not, than this is a reminder.

If you have lost the form, a post card with your name and address on it will be sufficient to keep your name on our mailing list.

Failure to notify us by March 1, will result in the automatic removal of your name. If, however, at a later date you wish to be re-added to our listing, than simply notify us and we will gladly oblige.

THE HELMSMAN

"The Helmsman" is published monthly on board USS Canopus (AS 34) for the crew and their dependents in compliance with NavExos P-35 (Rev. July, 1958) with appropriated and non-appropriated funds. "The Helmsman" is a member of the Armed Forces Press Service. Opinions expressed herein are those of the writers, unless otherwise stated, and are not necessarily those of the Department of the Navy or this command.

Commander Submarine Squadron Sixteen
 Captain Walter Dedrick, USN
 Commanding Officer
 Captain Harold J. Trueblood, USN
 Executive Officer
 Commander Walter J. Kraus, USN
 Editorial Advisor
 Lieutenant James W. Eckles, CHC, USN
 Editor
 Journalist Seaman Mark L. Roby, USN
 Assistant Editor
 Seaman John G. Diek, USNR
 Photography Photo Lab
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CROSS—CURRENTS

For and Against

When it comes to making sense out of life, the man for the job is one who knows what he is for. To be sure, he will be against a good many things, but he does not get stuck in negative mud. What we need is his way of handling the positives and the negatives; the lights and darks of the tapestry of living.

We could call this type of person a "Pro", not because he is a professional man, but because he is for a good many more things than he is against; because he combats his complaints by looking for some reasonable solution. He is not a crabbed griper. He is a constructive realist. A "Pro" is guided by his admirations rather than by his disgusts. He spends less time re-hashing what he is against and more time and energy in turning something he is against into something he can be for.

Some lessons can be learned from every experience. The "Pro" will recognize this and benefit from it. This sort of person is not an incurable optimist nor is he a hopeless pessimist. He possesses a level head that makes him able to



James W. Eckles

Lieutenant, U. S. Navy
Chaplain Corps



"My goodness, Seaman Apprentice Philbrick, you have accidentally dragged that incredibly soiled swab across my immaculately spit-shined shoes!"

roll with the punch and come back with a clearer picture of the situation than ever.

One thing is very important about a "Pro". He recognizes life for what it is -- both good and not so good. He does not drag everybody into a pit of despair by picking up all the negatives and ignoring the positives. He is a man of balance, and balance keeps one from falling over.

We need such a person as the "Pro" because he usually possesses another "plus" quality -- a sense of humor. The man who takes himself too seriously is missing some very good comedy. The person who can laugh at himself is usually the person who can tolerate others' foibles and allow as much for them as for his own. He inspires confidence, even when it doesn't seem reasonable to be confident about anything. He doesn't fight windmills, but he does get to the bottom of things. Because he is constantly looking for solutions and is thankful for favors small and great, the "Pro" is the one who will come out on top -- battered, maybe, but still standing.

EDITORIAL:**LEST WE FORGET**

Too often we think of the past as a time of peace, free of such "modern" complications as oppression and poverty.

This month we celebrate the birthdays of George Washington and Abraham Lincoln. Both of these men led our country through wars that committed not only our armed forces, but our families and homes, to a conflict on our own soil. In the time of George Washington, more men died in their tents, waiting for battles, than were killed by British muskets. All we remember today is a cherry tree and a long weekend. When Lincoln delivered his address

at Gettysburg, the Revolution was more than 80 years past, but its memory was sharpened by the war just fought over legislation that scarcely makes headlines today.

Wars are generally triggered by assassinations or border violations but are fought for beliefs that have always been in conflict. No modern war has been fought for a single great offense, no matter how vast the consequences may seem to have been. It is a common mistake to lose sight of the ideals we are fighting for. The conflict in Vietnam is not just a matter of freeing one small nation, but of securing

a guarantee of liberty for half the world.

Any way of life can withstand attack for just so long. Then it must be either discarded or defended. If democracy had ignored Korea or Europe, there would be nothing at issue in Vietnam today; there would be no democracy to defend.

There is a revolution taking place, but it is not a revolt of chaos against ordered society. For the last two centuries, our democracy has been in revolt against oppression. If what we have in the free world today is not worth the preserving, we may as well have lost the war in 1776.

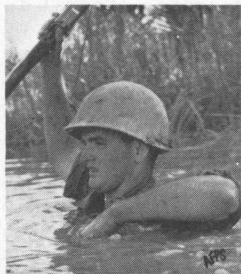
PENNSYLVANIA TO ENACT VIETNAM BONUS

Pennsylvania has become the sixth state to enact a Vietnam Bonus.

Payment of the Pennsylvania bonus, (\$25 per month of service in Vietnam, up to a \$750 maximum) however, is about six months away, at which time claim forms will be available.

To be eligible for the bonus you must be eligible to wear the Vietnam Service Medal, must not have renounced your citizenship, must have in your service record a specific place in Pennsylvania listed as your residence or home of record, and must be honorably separated from active duty.

To obtain payment you must attach your original DD 214 (Armed Forces of the United States Record of Transfer or Discharge) to your bonus request form. DD 214's will be returned to you as soon as possible. To obtain a certified, true copy of your DD 214, in case the original has been lost, write: National Records Center,



NECK DEEP — 9th Infantry Division soldier wades through murky canal in Mekong Delta to ferret out Viet Cong. Action was 40 miles southeast of Saigon.

Vietnam Bonus Continued

GSA, 9700 Page Blvd., St. Louis, Mo. 63132.

Bonus application forms and additional information can be obtained by writing: Adjutant General of the Commonwealth of Pennsylvania, Harrisburg, Pa. 17120.

For other states offering bonuses, application forms and additional information may be obtained by writing the following:

Illinois Veteran's Commission, 221 West Jefferson St., Springfield, Ill. 62702.

State of Connecticut, Office of the Treasurer, Vietnam Bonus Division, 15 Lewis St., Hartford, Conn. 06115.

Louisiana Department of Veteran's Affairs, Vietnam Bonus Division, 150 North 3rd St., Baton Rouge, La. 70801.

Department of Veteran's Affairs, State of Delaware, Dover, Dela. 19901.

Commonwealth of Massachusetts, State Treasurer, Bonus Division, Room 227 State House, Boston, Mass. 02133.



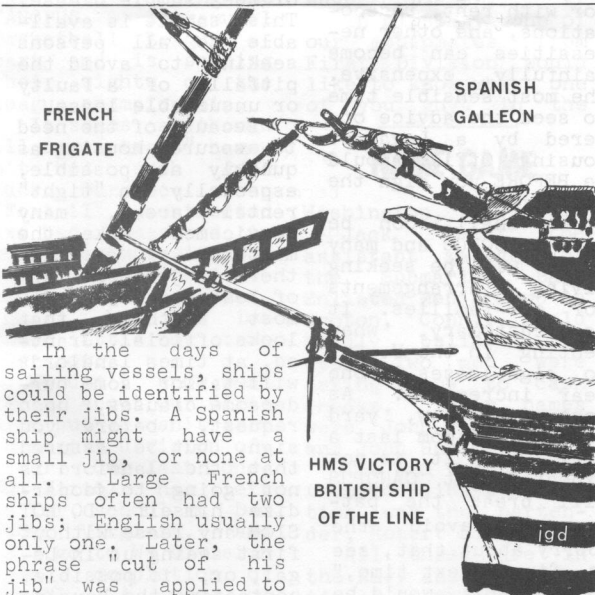
More to the Pay Check Now

The Helmsman's unofficial photographer, Ted Sharpe, is just one of approximately 100 men who were advanced on January 16, as a result of the Navy's accelerated advancement program.

Ted, son of Mr. and Mrs. Ralph H. Sharpe, hails from Gainesville, Fla., where he attended and graduated (June, 1967) from the University of Florida with a Bachelors Degree in Advertising Design.

At 25, Ted has seen such countries in Europe as Austria, Belgium, France, Germany, Italy, and Switzerland and has also visited England, and Morocco. He is presently on leave in the Canary Islands where he is

CONTINUED ON PAGE 23



FRENCH
FRIGATE

SPANISH
GALLEON

HMS VICTORY
BRITISH SHIP
OF THE LINE

In the days of sailing vessels, ships could be identified by their jibs. A Spanish ship might have a small jib, or none at all. Large French ships often had two jibs; English usually only one. Later, the phrase "cut of his jib" was applied to men, referring to the first impression one has about another.

Tired of Safety?

Washington, (NavNews)
Tired of safety stories? Maybe you are, but the information such articles contain can save a life, prevent a fire or instill an awareness of good safety practices.

It's especially important to be careful during the winter time, when tired minds and bodies often relax their vigil. The sky darkens early, roads are apt to be slippery and drivers are easily distracted ----- by lights, personal worries, or alcohol.

At home, danger lurks in the form of sharp toys, or those with little parts that can be swallowed.

The kitchen is a busy place also -- but again, a place that is filled with potential weapons. Just a few of these are grease fires, broken glass, knives, and electrical short circuits.

Read those safety stories ---- they only take a few minutes, but their messages should always remain in your mind.

**SUPPORT YOUR
LOCAL U.S.O.**

THEY'RE HERE FOR YOU



by CWO2 ROBERT M. GALINDO

One of the harder jobs facing a Legal Assistance Officer is explaining to a tenant why he is stuck with a lease he has signed.

Hindsight, as we know, is worthless except for instructional purposes. Lessons paid for with rent, redecorations, and other necessities can become painfully expensive. The most sensible time to seek the advice offered by a Legal or Housing Office would be BEFORE you sign the NEXT time.

We shall soon be back in CONUS and many of us will be seeking living arrangements for our families. It is customary, when renting in the U. S., to sign leases in one year increments. As most of us know, yard periods seldom last a year, and it is not expected that CANOPUS will break the pattern. To avoid the "Sorry about that, see us first next time," routine, it would be to your advantage to

become familiar with some of the aspects of leases.

The Legal Office has a sample of a lease considered generally suitable to military tenants. We also have a paragraph by paragraph analysis of the sample lease. This sample is available to all persons seeking to avoid the pitfalls of a faulty or unsuitable lease.

Because of the need to secure housing as quickly as possible, especially in "tight" rental areas, many servicemen make the mistake of assuming there is just one form of lease, and sign almost anything that looks official. Granted, at times landlords will tailor some burdensome clauses, upon request, before you sign, but be assured that the landlord is not going to jeopardize himself. DO NOT SIGN any lease without first seeing us in Legal, or, if possible, contacting the Housing Office.

QMCS CONTINELLI TO TRANSFER SOON

Before I depart the good old CANOPUS for my last tour of duty in the United States Navy, I would like to say that it has been a pleasure serving with you and I only regret that I was unable to spend as much time here as I might have liked to.

Handling the assignment of Career Information Counselor as a collateral duty is not sufficient to take care of all your answers - however, the command was stuck with this situation and did everything possible to obtain a full time career information counselor. I just hope that I haven't disappointed you in trying to provide you with the "straight dope" concerning your Navy and civilian careers.

Now for the brighter side. I would like to explain the meaning of "twilight cruise", for that is what I'm going on when I leave CANOPUS. Upon reaching 28 years service and 28 months prior to completion of 30 years service, one is entitled by law to request the President of the United States to retire you on the date you choose, while at the same time you can request duty in the area of your choice. It has been a rare case in which a man has been refused his re-

quest. The Navy strives in every way to assign you to the first choice. However, you must remember that this is not always possible. If you don't get the exact station or command, the Navy at least will get you the Naval district. So this is something to look forward to when you approach your last days in the Navy.

I have been fortunate in that I have been assigned to the first duty of my choice --- Commandant, Eleventh Naval District Staff, on Broadway Ave., San Diego, Calif.

This means a tremendous amount to me, for my last two years will enable me to prepare for retirement.

Will I work? Well, I really won't have to, for the retirement I will receive should be sufficient to support my wife and myself. If I decided to work, I would put in two or three days a week, but nothing at all strenuous. One can select the type of work he likes to do through his years of experience in the navy while the amount of knowledge he has gained makes one wanted by the work force. So think it over men. You too could spend you last two years in the navy sitting in a



good shore duty billet, retiring at a very good sum, working if you like, going fishing and hunting.

My wife and I are planning a trip by MSTs transport to Japan when I get my discharge papers and we will take about 45 to 60 days just touring the Far East. Sounds great doesn't it? You bet it is and the total cost for the transportation and meals while on the transport won't cost as much as a good liberty in Torremolinos or Madrid. Did you know that I can make a round trip each year? Of course it will be a space available basis but I have never heard of anyone being turned down.

So I would like to take this opportunity to say "con dios" and hope that I have helped you. If you are ever in San Diego, Calif., look me up. I would like to pass on this word of wisdom to you. Remember, "Smart men know the best career is a planned career." Think it over. Adios.

DRIVE WITH CARE - EVERYWHERE

Vietnam Chaplain Receives Medal of Honor Posthumously

WASHINGTON (NavNews)...A Navy Catholic chaplain killed in action in Vietnam in September 1967 was awarded the Medal of Honor (posthumously) by the Secretary of the Navy January 7.

Lieutenant Vincent R. Capodanno, Chaplain Corps, USNR, was killed September 4, 1967, by enemy gunfire while ministering to wounded combat marines of the 1st Marine Division in Vietnam. The medal was awarded by the Honorable Paul R. Ignatius, Secretary of the Navy, for Capodanno's conspicuous gallantry and intrepidity at the cost of his life, and above and beyond the call of duty.

Serving as Chaplain of the 3rd Battalion, 5th Marines, 1st Marine Division, Lieutenant Capodanno raced from relative safety to serve with a platoon of marines threatened by a mass enemy assault. Disregarding intense hostile fire, he moved about the battlefield administering last rites to the dying and giving medical aid to those requiring it. He was killed while trying to reach a mortally wounded corpsman.

Secretary Ignatius presented the medal to Lt. Capodanno's brother, James Capodanno, of Staten Island, New York. Chaplain Capodanno is the second

Navy Chaplain ever to receive the Medal of Honor, and the first in Vietnam. He is survived by two other brothers and five sisters.

Lt. Capodanno was graduated from Curtis High School, Staten Island, and attended Fordham University. He received a BA from the Maryknoll Seminary College, Glen Ellyn, Illinois, and was graduated from Maryknoll Seminary at Maryknoll, New York. Before entering the Navy in 1965, he served as a missionary in Hong Kong and Taiwan.

The medal was the fourth such honor accorded Navy men for actions in Vietnam.

Too Many or Not Enough

The Navy has disclosed 16 overmanned ratings in which conversion to more critical ratings are possible through the Selective Conversion and Reenlistment Program (SCORE).

Identified strikers in pay grade E-3 and Petty Officers Second and Third Class who are in the overmanned ratings are eligible to request conversion under SCORE. The program is unique in that it offers intensive training in return for a six-year obligation of service.

The overmanned ratings are:

MN, DM, SH, LI, JO, AK, ADR, CYN, TD, PC, SD, YN, PN, ML, PR, and, ASM.

Critical ratings to which conversion from the above are desired include:

RD, DS, FT, CT, BT, AE, IC, ADJ, AW, AQ, ASE/ASH, ST, SF, ET, RM, EM, AO, and MM.

Personnel who qualify and are interested in this program should see QMCS Continelli in the Career Counselor's office or refer to BuPerInst 1440.27c for more complete details.

FAMILY SEPARATION

ALLOWANCES CUT

Effective, December 1, 1968, 25,000 military personnel were no longer entitled to their Family Separation Allowance (FSA).

The \$30-per-month allowance was authorized by Congress in 1963 and intended for married service members who are serving unaccompanied tours at sea or outside the United States. The money was to partially cover the extra expenses which usually come up when the serviceman is absent for extended periods of time.

Earlier this year, however, the Comptroller General ruled that dependents who live with parents or other relatives during the serviceman's absence were no longer entitled to the monthly allowance.

CONTINUED ON PAGE 23

HELP!

PROJECT TRANSITION

A Job After Separation

"Help! I'm getting out of the Navy. I have no money, no hopes, and no job."

Sounds familiar, doesn't it? If that shoe fits you, then your Project Transition Officer, QMCS Continelli, might be able to help you.

It's his job to assist the man leaving the Navy through counseling, training, education and job referral.

This transition process will begin immediately after the six months' reenlistment interview for all enlisted personnel who do not intend to reenlist or are separating under honorable conditions and who want to take advantage of this assistance.

Project Transition aims to enhance employment possibilities for enlisted personnel terminating their active obligated service through:

- Interviewing and counseling to identify skills and desires;
- Training courses keyed to favorable employment opportunities;
- Educational assistance (correspondence courses, etc.);
- Job referral services.

For those who volunteer for the program, advice and assistance will be given on how to plan and continue toward a desired objective.

Priority for training will be given first to combat disabled and those with no convertible skills, and second to those who wish to change or upgrade their skills.

If you decide to take advantage of the program, don't sit on your hands and wait till your EAOS. If you need a GED qualification, get it. Avail yourself of all the correspondence courses that might help you. Plan ahead; don't wait.

After all, it's your future. The future can be the breadline or it can be earning some "bread."

For more information, why not stop in at the Career Counselor's Office and see Chief Continelli for your application?





Good Conduct

Awards Presented

Good Conduct Awards went to 64 CANOPUS crewmembers in ceremonies held on Jan. 28.

Shaking hands with Captain Trueblood is SK1 Sam Curry of S-1 Division.



OUTSTANDING YOUNG WOMEN OF AMERICA

This is to certify that

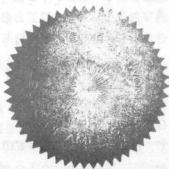
MOLLY JACKSON De LANCEY COPES

has been Selected to appear in the
1968 Edition of
OUTSTANDING YOUNG WOMEN
OF AMERICA

In recognition of

*her outstanding ability, accomplishments and service
to her community, country and profession*

CONGRATULATIONS TO
MRS. COPES UPON
RECEIVING HER AWARD
FOR
OUTSTANDING YOUNG
WOMAN OF AMERICA



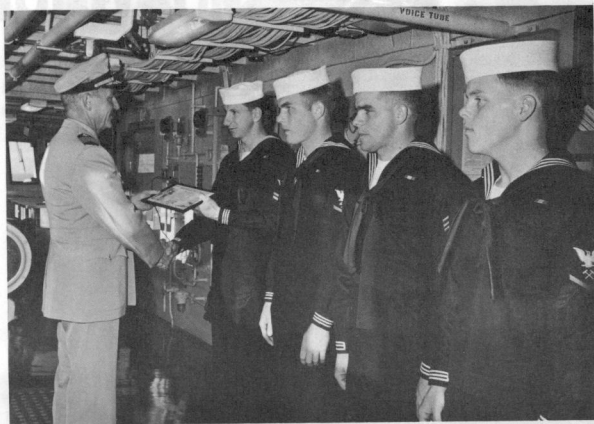
Maeguid L. Arnold
MRS. DEXTER OTIS ARNOLD
Chairman, Board of Advisory Editors



All eyes are on Chaplain Eckles as he reads to the children of Sanatorio de San Carlos in celebration of 3 Kings Day on January 6, 1969.

SN Stan Jaffe helps one of the children with his gift.

INTENSIVE TRAINING COMPLETED



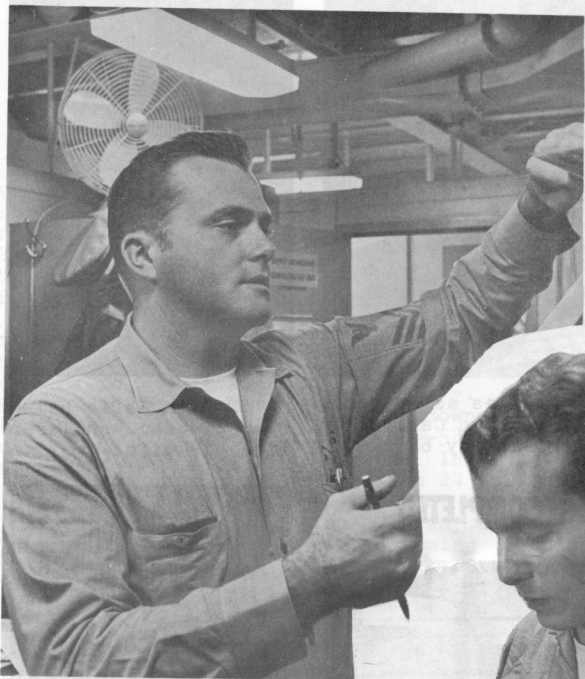
Completing eight weeks of intensive training in the qualification of 2nd Class Divers are, left to right, EN2 Tom Furdyna, SFP3 Pete Lindwell, SFMFN Ron Batchelor and SFP3 Randy Biles. Instructors for the classes held aboard CANOPUS were BMCSS Robert Casart and HMC James Edgerton.

Graduation exercises were held on January 31, in the Pilot House with Captain Trueblood doing the honors of presenting the diplomas.



Chaplain Eckles and one of the children converse about Christmas while other children look on.

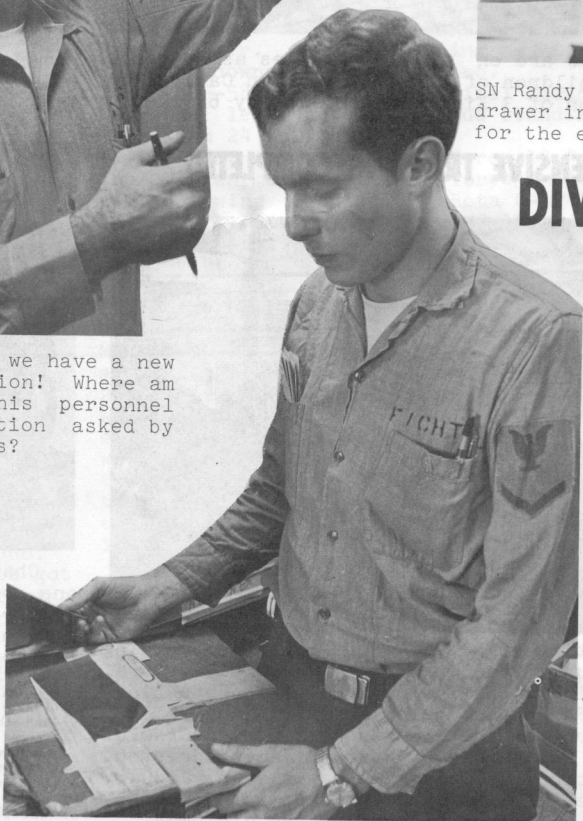
USAFI's College Algebra (F425) covers the principles and theorems basic to all advanced work in science and mathematics. See your Education Officer for more information concerning this and the many other courses available through USAFI.



SN Randy Doty sorts through a drawer in hopes of making room for the extra personnel.

DIVISION

What do you mean we have a new man in the division! Where am I going to file his personnel card is the question asked by SK1 Francis Walls?

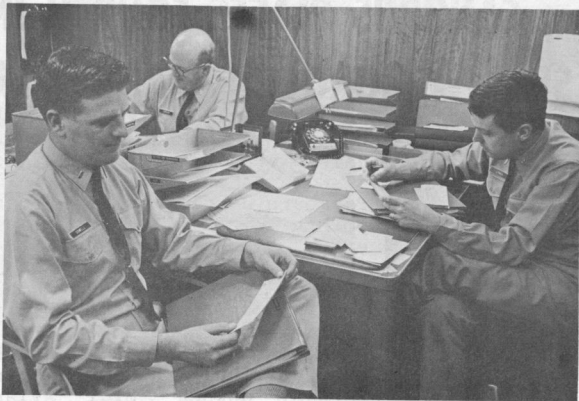


- ← Now if I could figure out how to get this acquisition program to be all set, I would have had better luck getting the man down to Dough Fight.

Photos



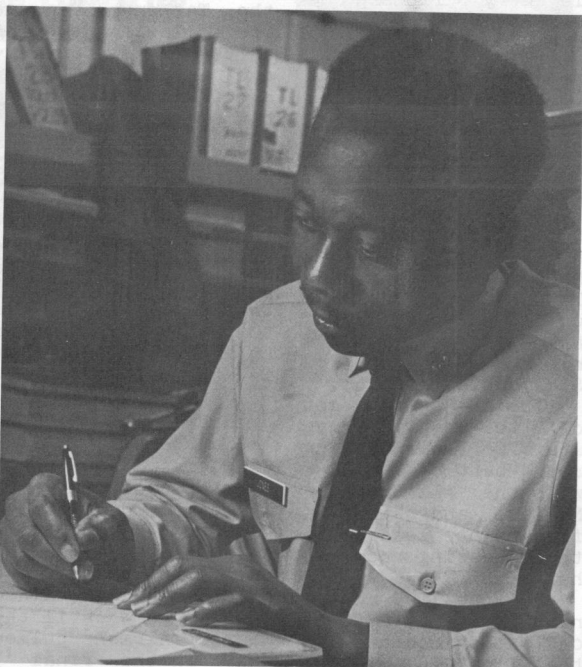
Stock receipts
be finding room
1 card of Wall's



WO1 Bill Dowell, SKCS Paul Kerrigan, and Lt. Tom Lynch, are all at work trying to read that requisition

OF THE MONTH

S-5



SKC Wil Jones fills out a stock replenishment card.

an only figure
read this re-
ag, I might
Maybe Walls
send his new
help SK3
el.

by PH3 Ted Sharpe

CANOPUS PLACES FOURTH IN SPAIN - MOROCCO LEAGUE PLAY

The USS Canopus varsity basketball squad ended Spain-Morocco League play Jan. 23-26 in the league's tourney at the Rota Base gymnasium.

The Aviano Eagles of Naples, Italy, captured the tourney crown by defeating Moron Air Force Base 87-82 on Jan. 26, after four days of action.

The green-clad CSS-16 entry finished a respectable fourth in the tourney set-up of eight teams following a disappointing last place finish in regular season play. The final league record of the Submariners was 2-16.

Teams participating in the tourney were in addition to Aviano, Moron, and CANOPUS--- Torrejon A.F.B. of Madrid; NavSta, Rota; Naples, Italy; Sigonella, Sicily; and Sidi Yahia, Morocco.

The AS-34 five got off to a blistering start in their opening round battle Jan. 23, with the All Stars of Naples and took a five-point lead into the dressing room at halftime.

But the lead couldn't withstand a furious Naples comeback in the final 20 minutes

of action and the locals were handed an 87-82 setback. Charley Pangburn dumped in 24 points in the losing effort.

The defeat dropped CANOPUS into the losers bracket that same evening. Facing elimination, the Submariners of Dr. Robert Tarkany downed Sidi Yahia 82-58. Eddie Lawrence led the attack with 24 points.

The best effort of the Tarkanymen came the following evening as they gained revenge over Naples with an 83-70 victory. Naples had been dropped into the losers bracket earlier in the day by Moron, 99-71. Lawrence again led CSS-16 with 23 points. His play was so good during the entire tourney that he was selected by Aviano to travel with them as they participated in the USAFE Tournament in England, Feb. 6-10.

Despite Lawrence's 30 points, and a hustling effort by his teammates, CANOPUS was from the tourney on the third day by Torrejon, 91-73. The locals had trailed by only two points at halftime and remained in the game until the Madrid Airmen pulled away in the final 3

minutes.

Seemingly ignoring the double-elimination arrangement, Aviano played exciting basketball throughout as they breezed through 3 games undefeated to win the title. Moron also qualified for the USAFE Tourney by finishing runner-up to Aviano.

Final Spain-Morocco League standings were:

Moron 14-4
Torrejon 14-4
Rota 6-12
CSS-16 2-16

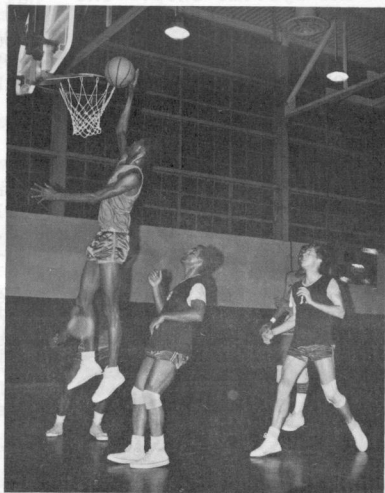
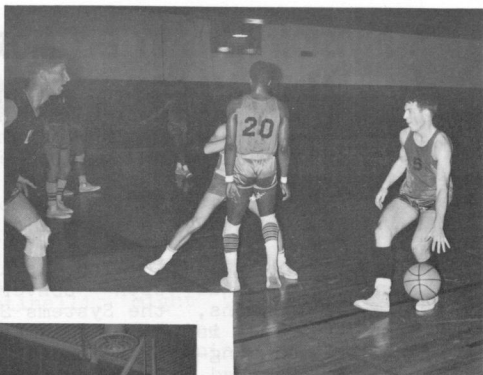
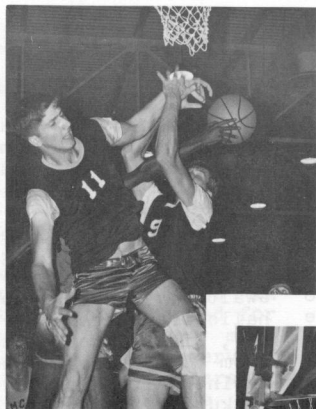
CANOPUS continues base intramural league play throughout February. They presently stand in second place with a 10-2 record. League leaders are ComSta.

SUPPORT OUR TEAM

AND

SEE THE GAMES

PHOTOS AT RIGHT BY
PH1 R. J. DAIGLE



CSS-16

VS

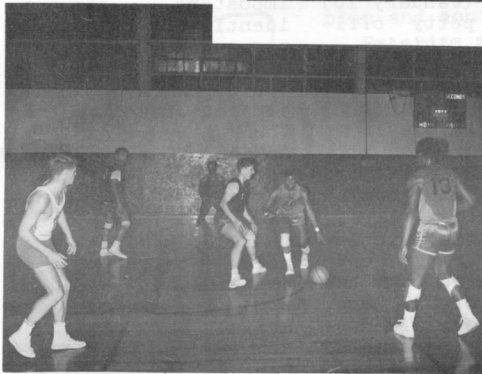
NCS

January 16, 1969

FINAL SCORE

NCS.....75

CSS-16....72



A DIVISION NEWS BY EN3 MORGAN

As A-Division welcomed in the new year, new faces were added to the division. They are FA's Probst and Seeburger, FN's Arie and Phillips, and EN3 Mynatt.

A-Division's wild man finally met his match. EN2 Simmons, brown bag in hand, is off to jolly old England to be married. Best of luck to Dennis and his new wife.

Congratulations are extended to MM2 Knuckles on his recent advancement. Also a big welcome back to FN Holyfield after an extra long leave in the States.

In case you have been wondering where all the psychedelic

sounds on the second deck aft have been coming from, it's A-Gang's newest shop. That means "Nerf the Surf" is now a WSTC Radio d.j.

The small boat refueling station has been converted into the Systems Shop. The "Air Jammers Four", are headed by EM1 Crawford and are responsible for maintenance and operation of high pressure air compressors air systems throughout the ship. The other three members of the "quartet" are EN2 Tom Carlough, FN Walter Johnson, and FA Raymond Smith.

Until next month, that's all from A-Division.

Medical Department

The month of January in Medical brought the arrival of our long awaited replacements.

They are HM3 Dennis Dakins, HN Gregg Smitley, and HN Walter Gwaltney. Dakins, who hails from near Green Bay, Wis., just came from duty with the Marine Air Group in Iwakuni, Japan. Smitley, of Denver, Colo., has had civilian x-ray and laboratory training and is on two years active duty. Gwaltney comes from Fla., and is also a two-year reservist. He has his bachelors degree in Music Education from Florida State University.

Also new aboard are a first and second class. Although they may look like two familiar H-Division personnel, these clever imposters can be identified by their pronounced list to port, caused by that one extra heavy stripe. Take a good look at your division tomorrow at quarters, note how many of these "leaners" you can notice.

SPECIAL NOTE: This heavy stripe syndrome can only be cured by time in grade, and medical science can do nothing for those suffering.

SAFE DRIVING PAYS OFF
DRIVE SAFELY

R-1 Division News

This month Hull Repair Division, R-1, has seen two men advanced. Maxwell made PM3 and Charles Thurston, DC2. Both work in the Carpenter Shop.

Several new faces are seen throughout our shops. In the Shipfitter Shop two new strikers, Brent Shearer and Hoyt Phillips, are leaving the trade, while Jeff Wickwire managed to

RS Division

by ENC CARL K. EKSTEIN

Congratulations to the newly (January 16) advanced petty officers in RS Division.

They are L1L Hill, MT1 Barber, PH2 Uhles, SK3 Witherell, and PH3 Sharpe.

Well done to all, and may you wear your rates in good health and happiness.

Since the last issue, our ranks have been depleted by the transfer of ENC Long, ETC McGarvey, ETC Honhold, YN2 Anderson and



R-2 DIVISION NEWS



by MR2 Tom Gray



Since our last monthly report, most of the shops of R-2 have been approaching the threshold of overwork due to a shortage of manpower.

With the arrival of OMSN Seifert, FA Murray, FA Calkins, FN DeFonzo, FA Warren, FA Uidl, and SA Evinger, we hope this problem will be solved so we can all start filling out those special request chits again! All kidding aside, we would like to welcome these new men to the division. We would also like to wish our best to MM1 Radacoy, MM2 Godbois, and MR2 Cluett, who have been transferred.

EN1 Batts can be seen patrolling the passageways, checking for mustache "oddities". He is now TAD to the Master at Arms force.

Included in the new items category is another shop attached to R-2. X-34, our nuclear repair shop, is complete with two men and a "bearded monster" (only kidding of course). With this acquisition, we also gained an assistant division officer, WO1 Hilty. Welcome to the division.

Shop X-31 has three new second class petty officers - MR2 Hicks, MR2 Turman, and MR2 Therrien. (There was one more who made second, MR3 Esposito, but he has expired once already.) Shop X-35 and X-38 have a few "rate grabbers" also. It's now OM3 Brady, MM2 Hurt, MM2 Klueber, and MM1 Schaak. The biggest surprise came when ENC(SS) Beauchamp appeared at quarters minus his beard! He tells us that Chiefs

have SOME initiations! Congratulations men!

R-2 held its holiday party on December 28, at the Acey Ducey club. With a large turn-out and "mufti" attire (look that one up in your Funk and Wagnalls), a good time was had by all. Among the crowd, MM3 Horrard danced the night away, while the Spires brothers sang "Folsom Prison Blues", and MR2 Schreifels and OM3 Berryman compared love beads! With plenty of good food and fine refreshments, the party was in full swing until 2a.m. Everyone who attended is already looking forward to the next division get-together, we think.

To close this month's column, we'd like to give some advice to Shop X-31. Remember, he hasn't found it and is still looking!

OPS - NAV

by RM1 JERRY BURGHOUT

Following the recent promotions, the men of Ops/Nav decided that rather than pass out cigars, they would pass out hangovers.

In keeping with the "steamers" tradition, they rented the American Bar for six hours and had a big blast. Congratulations to all those that were promoted.

With the trip to Bremerton drawing nearer, everybody is making plans for the big move. No one has shipped his dependents back thus far, but everybody is ready. This reporter, not being one of the personnel making the move, is watching all this

ALL TIME HIGH

WASHINGTON, D. C. — Cash value of E and H Bonds reached an all-time high December 31, totaling \$51,890,000, while holdings of U.S. Series E and H Savings Bonds and Freedom Shares came to \$52,244,000 as of that date.

Cash sales of E and H Bonds and Freedom Shares for 1968 totaled \$4,972,000. Redemptions, at cost price, amounted to \$4,905,000.

CONTINUED ON PAGE 23



MARINE DETACHMENT

by SGT.

OWEN U. BARTEL

During its many years of experience in peace and war, the Marine Corps has developed many traditions; traditions of devotion to duty, self sacrifice, versatility, dependability, loyalty to country and Corps, traditions of uniform, insignia, and equipment.

Since the American Revolution, generations of Marines have maintained and perpetuated these traditions. During the months to come, there will appear articles in "The Helmsman" presenting the history and traditions of the U. S. Marine Corps.

The Marine learns that his traditions are as much a part of his equipment as his pack, rifle, or ammunition. Pride of person is instilled in every Marine. But the making of a Marine is not alone a matter of smart appearance, drill, and discipline. Of greater importance, he learns to know his equipment and how to use it so that he is ready to meet any emergency that may arise and to report: "The Marines have landed and the situation is well in hand."

The familiar emblem of globe and anchor, adopted in 1868, embodies the tradition of world wide service and sea traditions. The spread eagle, symbol of the Nation itself, holds in its beak a streamer upon which is inscribed the famous motto of the United States Marines: Semper Fidelis, which means in Latin, "always faithful".

The deeds, customs, traditions and history of the Marine Corps of the past have given us the present day characteristics of "esprit de corps", readiness for action and courage in battle. There are many little things we do that can also be traced to the past. These customs and traditions may seem unimportant to some, but not a day goes by when a Marine does not use them or see them operating. Pride is never talked about, just taken for granted, even to such an extent that the last few lines of the Marines' Hymn are:

"If the Army and
the Navy
Ever Look on Heavens'
Scenes;
They Will Find
the Streets are
Guarded by
United States
Marines"



GUNFIGHTER — Draped with 20mm ammunition, Marine LCpl. Paul M. Phillips, an ordnanceman with Marine Attack Sq. 121 at Da Nang, carries the belted rounds to a waiting A4-C Skyhawk jet.

R-1 DIVISION CONTINUED

swap to the OAK RIDGE. No wonder he is always whistling!

In the Pipe Shop, FA Politz, FA Fallows, and FN Carlin are hard at work trying their hand at pipefitting. Other newcomers are FN Hardcastle and FN Devine of the Carpenter Shop, FN Millican in the Lag Shop, Carl Pinkston in the Foundry and FN Altman, who is working under the watchful eyes of a Boatswain's Mate in the Sail Locker.

All the newcomers will surely learn their trade well under the supervision of the experienced shop supervisors in R-1.



NEWS FROM DECK DEPARTMENT

Third Division

by YN3 DALLAS BOWERS

We of Deck Force know that the thought of winning three intramural sports in one season is atrocious, but the way it looks now, we're going to do just that.

We have reigned supreme in intramural slow - pitch softball and touch football and we are headed well on our way to number three. Third Division has been ripping the CANOPUS Intramural Basketball League apart and is setting their sights on the league championship.

It seems as though all our "straps" haven't had such good luck. Our ace strap "Foxtail" contracted two bad knees and is out of commission for the rest of the season. Tough luck, Fox, you'll have to let your little boy take over now.

We don't know what it is about our division but we can't seem to keep a division officer. Our last one, WO1 Niziol, has left us for school at Dam Neck, Virginia, and will go to W4 Division upon completion of school. A word of warning to you fellows

in W4 is to keep your geedunks well hidden. Our new division officer, CWO2 Gobeli, has reported aboard from USS Sperry and we wish him a good tour aboard CANOPUS. He has already been heard to say he wishes they would repeal that darned Gun Control Act.

BM3 Joe Byczkowski has returned to us from a 30-day tour with his sweetheart in CONUS and much to our surprise he is still a single man. The bells will toll for him in August however.

In closing, one of our shipmates from First Division would like to know which one of you guys in the

NAME GAME

Washington, (NavNews)

Jack Feidt, the assistant manager of the Submarine Base Enlisted Men's Club in Groton, Conn., could hardly believe his eyes. Two men were asking how to cash checks. Their names were John Paul Jones and John Hancock.

The man who brought them to Feidt's attention was the bartender, Robert E. Lee!

All three are in the Navy and are stationed in the Groton - New London area.

Post Office is listening to his tape recorder?

Second Division

by SN ANDREW D. LaPORTA

The new year and "I" Division have presented us with four belated Christmas gifts.

They are SN John Sullivan from Youngstown, Ohio, SN Dawson Butler from Boothyn, Pa., SA Spencer Hopson from St. Petersburg, Fla., and SA Robert Coffey from Telsa, Oklahoma.

Our New Year resolution???...To be efficient, capable, competent, susceptible and oh yes, posses the legal qualifications to exercise our right of being the "sailors" of CANOPUS! Challenge this statement if you wish. However, you'll need a glass eye to overlook its solidity.

New ideas and new qualifications are a unique portion of the pattern needed to cement together the sailor sought by CANOPUS. We hope to at least meet our commitments in 1969, nonetheless, that of being "good sailors".

Next month we will present new divers and a Vietnam veteran.

DAMAGE CONTROL DIVISIONAL NEWS

BY SN GEORGE SZIRBIK

Damage Control Division would like to welcome three newcomers to the division: FA Tibbs, FN Reed and FN Gilmer, the latter preferring our friendly division rather than his former, which was Deck Department.

Now let us sneak in on the happenings of the DC Shipfitter Shop. We have our trouble call workers really going at their jobs. They do a fine job too, but then, they're Reserves!!!

SFM3 K. Courteau, otherwise known as "The Bostonian", and SFM3 P. Zahnd are our top men for trouble calls. Right now, Zahnd is enjoying his annual leave in London. He left word that all he'll do is sleep, but we know better.

Our Leading Chief Petty Officer, J. H. Hyder, is still speculating on whether or not to send his 1955 Pontiac (bomb) home. It's a good running car once he gets it started. Then along the roads of Spain runs our division officer, WOI Saunders, in his Isuzu. He is still a little hesitant on whether or not to trade it in for a new Toyota. For some reason he favors those Japanese cars.

Chief Murray is just a little too busy babysitting twins to be bothered about what he's going to do about a car.

Back in the CO2 Transfer Shop, we have DCFN "Jocko" Krucek. He holds a good field day, when he isn't accompanied by our friend SH3 Harrison, who practically spends full nights playing the "Bostonian's" record player. People are beginning to think that Harry is changing his rate to Damage Controlman.

Damage Control Di-

vision is developing an "almost winning" basketball team. We are real proud of our athletes who are: WOI Saunders, SF1 Uptain, DC3 Storey, YN3 Glackin, SFP3 Will, FN Brumfield, FN Gilmer, FN Hartfield, FN Reed, FA Tibbs and our coach SFM2 Fitts.

January is over and we've finally received our foul weather jackets for the division. Even SN George Szirbik has his own personalized jacket for those cold mornings working in the Damage Control Central office.

W-1 DIVISION NEWS

BY TM2 LEATHERWOOD

CWO2 J. P. Oxrider was recently welcomed aboard as the new W-1 Division Officer, relieving Lt Emery Young. WOI W. K. Milne had filled in as Division Officer for W-1 until the arrival of Mr. Oxrider.

Mr. Young was given a formal farewell at a recent division party, where he received, in good humor, the "Linguistics Award," consisting of several of his favorite sayings.

Welcome aboard also goes to TMCS Rogers, who is relieving TMC Keeling, who will be leaving shortly for

SuBase, New London.

The latest word has it that "Moe" Hodge is plowing snow and hauling sand in his automobile, in Boonville, New York, and civilian Bob Tague is logging somewhere in the vicinity of Straton, Maine.

Congratulations to the following people in W-1 Division for making rate on January 16: E-7 McSwain of the 14/16 shop. (Chief "Mac" says that due to the weight of his new hat, he will have to slack his work load.): E-5 Leatherwood, who keeps his nose to the

CONTINUE ON PAGE 22

X DIVISION HAPPENINGS

BY PN3 RICHARD GRAINER

Again, again, that X-Division sports machine rolls along.

Trying to do the job, striving for perfection, and lucky as the devil, that's us.

XD has supplied most of the basketball strength with Ron Rooks and Larry Lathrop doing bang-up jobs. Another asset to the X-XD basketball team is the play of the officer corps. WO1's H. Acosta and W. D. Wyatt are both playing by direction of the Captain.

One of those planes from CONUS brought us three gems. SN Donald Cooke really makes the scene by making himself scarce in the Personnel Office. I&E has a real non-hacker by the name of Paul Hacker. He is putting in a chit to change his name to Bob.

Postal clerks usually come in mail bags and from what we understand, SA Gary

Vaughn was no exception. Registered mail...good grief.

Hurry-up promotions found many happy people. Among those: PN3 Carl Leslie (he is still crabbing), PN3 Bruce Thurmond, PN3 Clark G. Turner, PN3 Richard Grainer, PC3 Gary Hamrick (who likes his Navy so much that he's shipping for six more), PC2 John Walfoot, and finally YN2 Gary Diedrick.

Bets are being taken on the season scoring battle in basketball between Claw Tisdale and Red Auerbach Grainer. The winner deserves to be benched.

SS-that means Special Services is now part of X-Division. Quarters with George Heddleston reading the POD, Stan Jaffe counting the days with an abacus and Mario Monti with his hair flapping in the breeze. Any problems, this storm trooper corps can handle it. Check it out with them.

MOST INJURIES IN THE HOME

Although most accidental deaths occur on the highway, more people are injured accidentally in their homes than in any other place. In 1967 4,300,000 persons suffered disabling injuries from home accidents, compared to 1,900,000 disabling injuries caused on the highways, according to the National Safety Council.

S-1 DIVISION

Advancements highlighted S-1 Divisional news last month.

Making the grade to SK2 was Larry Betts. Sewing on SK3 crowns were Dave Rothacker, Dave Timblin, Don Gosnell, Bill Loeffler, Al Prins, Bill Bradenburg, Denny Javins, and Greg DeChambeau.

Also, we must not forget to mention those who made SKSN-Louis Partida and Bill Hodgkins. One last note on the advancements is a special commendation to Mike Zajas. He made SK2 but declined to accept it.

Welcomes are extended to SK3 Tom Banca and SKSN Jeff Burkholder, who has been mess cooking. Tom was relieved by SN George Smith. S-1 is now represented at WSTC Radio too as C.J. the d.j. airs the "Morning Sound" from 6-7a.m.

Rounding off this month's news is the divisional sports standings, a bright spot in the otherwise dim S-1 life. The basketball team, under the direction of SK1 Sherman, holds a 2-0 record while our bowling team stands one game out of first place at the base recreation alleys.



R-3 Division News From the Past

BY IC3 ERIC SANFORD

Nearing the end of our ship's stay in Rota, we find colorful R-3 Division grinding along in high gear.

Robert Kaye, who also doubles as divisional mascot, continues to "wow" his comrades with his fantastic feats of wit and wisdom. Bouncing right back from his record breaking "sleep in" during the month of December, Kaye has won all of our respect and admiration for his wonderful part in the "coffee mess" and his acid testing of young "sand-flea's non-violent theories".

Hugh-one, Ed Marshall, took over as divisional L. P. O. (laundry petty officer) this month. Dropping the reins was the very capable David Yarbrough. Good old Dave has left us all for a far away place called Philadelphia. Unfortunately, Dave was quite silent on his reason for his departure. He would only mumble something about "separation" if queried on the subject. Funny, we never knew that old Dave was married!

On the subject of departures, we will soon lose "The Goofer" to CivLant. Dave Krueger plans to return to his native Rhineland, Wisconsin. Un-

doubtedly he'll write an authoritative study on coyote hunting and crayoning on mirrors. We are sure going to miss old Dave, especially during the next full moon.

Our divisional chiefs continue to fiercely vie for our coveted "morale builder of the year" award. Chief William Sylar, our assistant Division Officer, took a commanding lead when he made the assignments for last month's AK working party. However, Chief Richard Michard certainly improved his chances with his "get 'em all up" decision of a past week-end. Also in the running is EM1 Ed Lamb of the Rubber and Plastics Shop. His mechanical toy demonstrating in the Hydrostatic Tank have been gaining "oohs" and "ahs" since last Christmas.

Several new men have come into the division in recent weeks. Among them are STS3 Dave Ward and STS3 Jim Davis. Both men, oddly enough, were assigned to the "sound and vibration" shop. They were heartily welcomed by the working-party beleaguered flea and sound wizard, EM2 Stan Clanton.

CONTINUED ON PAGE 23



W-1 Division News

Continued

grindstone and his head on the shuffleboard: E-4 Pisoni, who says he now has a permanent escort to Rota: and E-4 Dennen, who is only an honorary member of W-1, and still is junior to Pine, his boss.

Special congratulations go to "Sick Bay," who finally made the big time - the Base Hospital.

A special thanks is due to the Mess Cooks from the W-1 "Goon Squad," (Mess Decks Handling Crew), for the nice hand wiping rags by each loading hatch.

Special question of the month: What does Bill keep in his "Luxury Locker?"

F.S.A.**Continued**

A legislative proposal was submitted to Congress last June to provide for payment of FSA even though the serviceman does not maintain for his dependents a residence or household that is subject to his management and control, but Congress adjourned on Oct. 14 and failed to act on the matter.

The Department of Defense has indicated that when the 91st Congress convenes, DOD will renew its efforts to amend the law in order to restore FSA. DOD officials have estimated that about 10 percent of the 247,000 members now entitled to the allowance will lose it.

R3 Division**News Continued...**

Let us conclude by saying all the men of R-3 are eager to wind up their stays in Rota and voyage back to the States and some summer coyote hunting in Rhineland. Also to Mr. Al Jorday, may we in R-3 Division express our congratulations on your promotion to CW02 on February 3rd.

**Advancement...**

celebrating his advancement.

Ted reported for active duty in June, 1967, and like most reserves, he is anticipating his separation upon arrival of CANOPUS in CONUS.

OPS-NAV DIVISION NEWS**CONTINUED**

with abject admiration. Transition should be made very smoothly by this department. The plans formulated are well laid and should be executed with a minimum of confusion.

With the information that ample golf courses are available, and that the weather in Washington is fine, Ops/Nav personnel should find their stay in Bremerton quite enjoyable.

Social news is short but we are long on the atheletic news. Would you believe that Ops/Nav really won a game in the intramural basketball league?

RS Division News**Continued**

DCFN Prackup. The ranks were slightly swelled when we received YN1 Watson, via a swap with YN2 Anderson from USS Oak Ridge.

In anticipation of the forthcoming move from Rota, the ranks of the "brown-bagger corps" are rapidly being depleted. Due to the flights leaving with CANOPUS dependents, there are fewer seats at the movies on board each evening.

Well it's true!! "Recker's Raiders" are again hitting the comeback trail. Don't count the fearsome five out yet.

While you're chuckling to yourself about basketball, this department still holds the record for bean bag contests and a new sport has arrived.

"Recker's Raiders" challenge all comers on the soccer game in the American Bar. The Raiders have gone into an extensive training period and have emerged as Southern Spains best American team at "five-p-soccer". So field your best team, The Raiders Are Ready!

Finally, to the originator, we will find your message yet.

CHANGE OF COMMAND

President Nixon

Captain Dedrick

President Nixon has become our leader in a new era and a time of great stress. His campaign slogan, "Let Us Go Forward Together," is a simple phrase to which anxious Americans cling in the hope that times really will become more peaceful and prosperous. At the age of 56, President Nixon has been an astute lawyer, Congressman and Vice President of the United States. He is an experienced statesman, but by far his greatest tasks lie ahead. Only time will tell how well the new President will handle these issues.

What are the issues facing the new Chief Executive? First and foremost, there is the Vietnam War. For spice add our relations with Red China, the Soviet Union, and the Middle East. For flavor, mix in Civil Rights, the wars on poverty, crime and inflation, and the draft problem. It all bakes up to "not too sweet a cake." Most of us can understand how Richard Nixon overcame tremendous odds to become Number One. With devoted backing from all Americans, he can make his White House stay one to remember.

While becoming the new Commander of Submarine Squadron Sixteen, Captain Dedrick was presented the award by Rear Admiral James B. Osborn, USN, Commander, Submarine Flotilla Six. In his remarks, Admiral Osborn cited Captain Dedrick for "...contributing directly to the development of new procedures to increase the operational flexibility and efficiency of the Polaris forces..." while serving as the Director of the Polaris Operations Division on the Staff of Commander in Chief, Atlantic Fleet.

Admiral Osborn also presented Captain Sims with his award, which ranks as one of the Navy's highest, "...for exceptionally meritorious conduct in the performance of outstanding services from August, 1967, to January, 1969, while serving as Commander of Submarine Squadron Sixteen."

Prelude music by the Spanish Marine Band from San Fernando and the invocation by Lieutenant James W. Eckles, Chaplain Corps, USN, preceded the welcoming remarks by Rear Admiral Manuel Gonzalez, Commander, Naval Base Rota. The guest speaker



Capt. Sims is presented the Legion of Merit

for the ceremony was Vice Admiral John A. Tyree, USN, Chief of Staff, United States European Command. In his address, Admiral Tyree emphasized the importance of Submarine Squadron Sixteen in maintaining their Polaris submarines in a combat state of readiness for the vital role of keeping world peace.

In attendance on a clear, 62% day with a light breeze from a southwesterly direction were numerous U. S. and Spanish military and civilian guests from the local area. Also present were officers, men, and dependents of Submarine Squadron Sixteen personnel.

Following the Change of Command, receptions were held on board USS Canopus (AS 34) in the wardroom and C. P. O. lounge.

Captain Sims will report for duty with the Chairman of the Joint Chiefs of Staff, Special Studies Group, in Washington, D.C.