



# The HELMSMAN

VOL. 4 NO. 7

USS CANOPUS (AS 34)

AUGUST 1968

## 'PLAY BALL'

## Have You Voted Yet??

Secretary of Defense Clark Clifford has made the following statement to all American military personnel:

This year -- 1968 -- the nation will elect its most important officials. It would be an ironic paradox if the men and women who defend our Democracy were unable to vote.

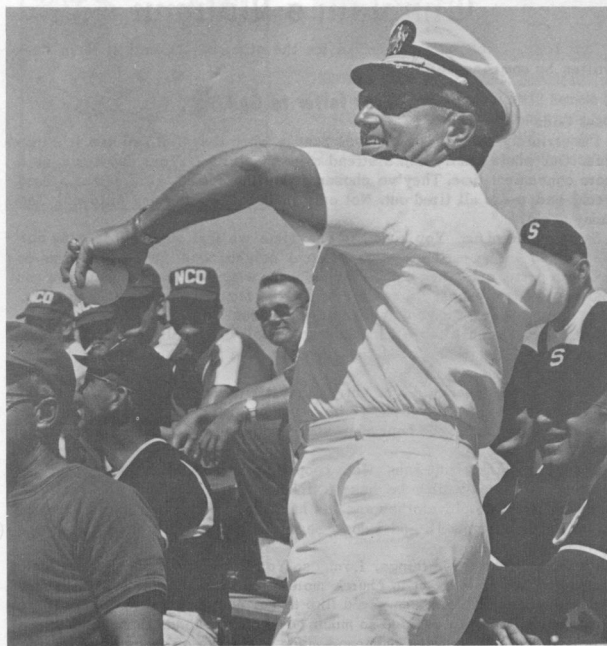
That is why I am vitally interested in the Federal Voting Assistance Program, which is designed to afford an opportunity for all eligible service men and women to vote.

The Voting Assistance Officer is the key man in this program. He is provided with the Voting Information Pamphlets for 1968 and sufficient Federal Post Card Applications and all other necessary materials to help members of the Armed Forces cast their ballots.

September 20, 1968 has been designated as Armed Forces Voters Day throughout the world. By that date you should have your application in hand.

I strongly urge every eligible serviceman and woman to vote in the forthcoming elections. Exercise the right for which you have sacrificed and fought.

See Page 4 for  
further Voting  
Information



Captain H. J. Trueblood, USN, tosses the first ball to open the CANOPUS First Invitational Softball over 33 Slow Pitch Tournament. Participating were teams from Ramstein AFB, Germany, Sembach AFB, Germany, Torrejon AFB, Spain, Moron AFB, Spain, and VQ 2, ComSta, and NavSta, all in Rota.

Ramstein AFB won first place with CANOPUS taking second.

## COMMAND COLUMN



by

## Captain H. J. Trueblood

My congratulations to all hands for your excellent highway safety record over the long Labor Day weekend. Every week that goes by with no automobile accidents helps improve our image as guests in Spain. Your extra precautions and defensive driving are paying off. Keep it up.

Minor misconduct incidents in Rota by a small percentage of the crew continue to occur. Most of these incidents, upon investigation, prove to be the result of juvenile actions following excessive indulgence. Such behavior is a discredit to CANOPUS, the U. S. Navy and Americans overseas. Also, too often these minor incidents are compounded by failure to cooperate with Shore Patrol. You cannot fail to lose upon this turn of events. Be smart. Conduct yourself like mature men and give the Shore Patrol no opportunity to question your conduct. I expect officers and petty officers to set the example and provide guidance to our young seaman both onboard and when on liberty.

Just a reminder; our tour in Spain is rapidly coming to a close. Be sure and take the opportunity to see Spain before it is too late.

**Salty Sam Sez:  
Drive With Care —  
— Everywhere!**

## Safe Driving in Spain

When an American drives an automobile in Spain, his thoughts do not normally turn to Spanish economics or local habits.

So to keep these drivers' minds on their driving here are two defensive driving hints that are generated by Spanish economics and habits.

Spain has just recently, in modern history, become a mobile society. Shifting from horse and wagon, to auto, is not an easy chore. Well worn habits are difficult to change.

The wagon driver in turning left (or right) will veer to his right (or left) to make a wide safe turn. This habit, though not necessary, is carried over to autos on the highway. **BE PREPARED.**

In Spain the average worker cannot afford a car, but mobility means a better job. Solution; no problem, buy a bicycle or motor bike. They're economical and easy to handle. So easy in fact, he can go where cars can not. Now he is your **PROBLEM.** Before making a left or right turn, be sure you don't have company approaching from behind, heading for that small space you can't go.

**LOOK BEFORE YOU LURC!**

## Chaplain's Column

The letter below was passed to me the other day. Could it have been written by someone here?

## Open letter to God

Dear God:

I'm certainly sorry that they made Sunday when they did! You see, it's like this. Our whole family could attend more regularly if Your day came at a more convenient time. They've chosen a day that comes at the end of a hard week, and we're all tired out. Not only that, but it's the day following Saturday night.

Saturday evening. You know, is one time we feel we should enjoy ourselves, so we go to the movies or have neighbors in for a card game or get up a party, and often it's after midnight when we reach home. You can realize how it's almost impossible to get the family up on Sunday morning. They have chosen the very day we want to sleep later, and it takes enough effort to get the children off for Sunday School, especially when they have it so early. Then there are dishes to wash, and we almost always have a few things to rinse out.

I mean no disrespect, Lord, but You must remember that they picked the wrong day, the day on which we have our biggest dinner. On top of it all, the church has fixed the hour of worship at the very time when we must be cooking our ham.

Then too, think about John! He's cooped up at work all week, and Sunday morning is the only time he has to tinker with the car and mow the lawn. When he gets into old clothes and his hands are all greasy, he really seems to be enjoying himself, and I don't have the heart to ask him to dress and go to church.

I'm telling You these things, Lord, so You'll see it's really not our fault that we're not able to get to church more often than Easter and Christmas and a few times in between. We'd like to go, and we need to go, but there are so many things to see and so much to do on weekends that church kinda gets crowded out. You see, someone made a mistake of choosing the wrong day. It's really the only day we have to ourselves.

Hopefully yours,  
Mrs. I. M. Bizzy

The above is reprinted from the August 30, 1968 issue of the "Mira Que Pasa" of NavSta, Roosevelt Roads, Puerto Rico.

## Sea Breeze

### R-2 DIVISION

July has been a very busy month for R-2 personnel. Aside from the heavy workload, some of our men have been working just as hard off CANOPUS as aboard. MR2 DeMarco just completed moving his family from Rota to base housing (finally after 2yrs). One of the "happier" members of our division is MR2 Roberts who has fallen in love, and was married August 10. Chief Lee took time to go with his family to the little league Spain - Morocco championship playoffs at Kineta.

We don't want to forget to mention that swell (?) award that was presented to EN1 Jordan, by the men of R-2 Division for his outstanding work! Any comments?



We want to take time out to say farewell to a few more of our friends who are leaving R-2 in the near future. MM3 Norman, MM3 Ford, and MR2 Leal are starting to prepare for civilian life, although rumor has it that MR2 Leal is joining the reserves? Those who have also received orders are, EN1 Howe (USS Holland), MM2 Keller (USS Orion), MM1 Jones (Great Lakes), EN1 Sarber (NavComSta, Stockton, Calif.), FN Faulkner (USS Ashland), MR2 Lindman (USS Francis Marion), MR3 Finney (USS Raleigh), and MR3 Greisch (USS Schadwell).

Some new men that have recently reported to our division are, MRFA Bohland, MRFA Rogers, FA Cook, and FA Chabola, who at the present time are getting an inside view of the galley, while FA B. J. Spies (brother of John Spies of our X-38) is helping to keep our compartment clean. MM3 Weis, MM3 Hoodley, MM3 Hurt, and MMC Allison have reported to their respective shops in R-2. Welcome aboard men!

So long 'til next month guys.

## Contacting Detached Personnel

Washington, D.C. ... (NavNews) ... Under unusual circumstances it is sometimes necessary for family members to contact military personnel at sea. Exhausting the usual emergency methods -- getting in touch with the American Red Cross, the Navy Relief Society, or the Office of the base chaplain, the family member may be able to use the Navy's communications facility.

The Naval Communications Station, Washington, D.C., or San Francisco, Calif. accept and relay personal messages to personnel afloat provided they fall within the following categories:

- A. Matter of life or death, or serious illness.
- B. Matter of personal arrangements of important business, not of a recurrent nature.
- C. Birth announcements in the immediate family.

These messages must be sent to the Naval Communications Station via commercial means (telegram) and the cost borne by the sender. A suggested format is:

John Paul Jones, SN, 000 00 00 (name, rank/rate, serial number)  
 USS Canopus (AS 34)  
 C/O Naval Communications Station  
 Washington, D.C.

The Naval Communications Station will forward the message via Navy circuits when conditions permit. Personal messages are handled after all official messages have been cleared.

## Robert L. Neighbors joins the Fleet



Robert L. Neighbors, 18, son of BMC and Mrs. Robert S. Neighbors enlisted in the U. S. Navy on August 27. Robert is a 1968 graduate of the David G. Farragut High School and will attend recruit training at Great Lakes, Illinois.

The enlistment oath was administered by Commander Fran McKee, Personnel Officer, Naval Station Rota.

## TIME ELEMENT VITAL FACTOR IN ABSENTEE VOTING

WASHINGTON (AFPS) — Armed Forces personnel voting by absentee ballot in the 1968 general election risk having their vote not counted if their ballot misses the receipt of ballot deadline even by a few minutes.

Most states require that voted absentee ballots reach election officials by Election Day, Nov. 5. There are, however, some states with earlier or later deadlines.

In addition, there is a wide variation in time among the states as to when ballots are sent to absentee voters and the earliest date on which voted ballots may be returned.

Detailed information concerning absentee voting may be found in the pamphlet "Voting Information 1968" (DoD GEN-68).

Absolute deadlines for the receipt of voted absentee ballots in the various states and territories are:

## ALABAMA

Nov. 5

## ALASKA

Postmarked no later than

Nov. 5

## ARIZONA

Nov. 5 6 p.m.

## ARKANSAS

Nov. 5 7:30 p.m.

## CALIFORNIA

Nov. 4 5 p.m.

## COLORADO

Nov. 5 5 p.m.

## CONNECTICUT

Nov. 5 6 p.m.

## DELAWARE

Nov. 5 12 noon

## DISTRICT OF COLUMBIA

Nov. 5 8 p.m.

## FLORIDA

Nov. 4 5 p.m.

## GEORGIA

Nov. 5 Close of polls

## HAWAII

Nov. 11\* 12 noon

## IDAHO

Nov. 5 Close of polls

## ILLINOIS

Nov. 5

## INDIANA

Nov. 4 6 p.m.

## IOWA

In time to reach designated official for delivery to election officers before Election Day.

## KANSAS

Nov. 4 12 noon

## KENTUCKY

Nov. 5 Close of polls

## LOUISIANA

Must reach issuing official in sufficient time for delivery to Election Commissioners on Election Day (see box below)

## MAINE

Nov. 5 3 p.m.

## MARYLAND

Nov. 5 Close of polls

## MASSACHUSETTS

Nov. 5 Close of polls

## MICHIGAN

Nov. 5 Close of polls

## MINNESOTA

Nov. 5 Close of polls

## MISSISSIPPI

Nov. 5

## MISSOURI

Nov. 6\*\* 6 p.m.

## MONTANA

Nov. 5 Close of polls

## NEBRASKA

Nov. 7\* 10 a.m.

## NEVADA

Nov. 5 Close of polls

## NEW HAMPSHIRE

In time for transmittal to Election officials before polls close on Election Day.

## NEW JERSEY

Nov. 5 (see box at right)  
Close of polls

## NEW MEXICO

Nov. 4 12 noon

## NEW YORK

Nov. 4 12 noon

## NORTH CAROLINA

Nov. 2 12 noon

## NORTH DAKOTA

Nov. 12\*\*

## OHIO

Nov. 5 12 noon

## OKLAHOMA

Nov. 1 5 p.m.

## OREGON

Nov. 5 Close of polls

## PENNSYLVANIA

Nov. 15\*\* 10 a.m.

## RHODE ISLAND

Nov. 5 9 p.m.

## SOUTH CAROLINA

Nov. 5 Close of polls

## SOUTH DAKOTA

Nov. 5 Close of polls

## TENNESSEE

Nov. 5 10 a.m.

## TEXAS

Nov. 5 1 p.m.

## UTAH

Nov. 5 Close of polls

## VERMONT

Nov. 5 Close of polls

## VIRGINIA

Nov. 5\*\*\* Close of polls

## WASHINGTON

Nov. 20\*\*

## WEST VIRGINIA

Nov. 5 Close of polls

## WISCONSIN

Nov. 5\*\*\*\* Close of polls

## WYOMING

Nov. 5 Opening of polls

## GUAM

Before Election Day

## PUERTO RICO

Before Election Day

## VIRGIN ISLANDS

Nov. 5 Close of polls

\* Reply envelope must be postmarked no later than Nov. 4.

\*\* Must be postmarked no later than Nov. 5.

\*\*\* Voted ballot must be returned by registered or certified mail.

\*\*\*\* Sworn, certified statements of date of birth and that voter had not returned another ballot must accompany voted ballot.

## NEW JERSEY

## Who May Vote by Absentee Ballot:

"Military service voter" means a qualified elector under Constitution and laws of this state who comes within one of the following categories:

a. Persons in military service, their spouses and dependents.

b. Patients in a veterans' hospital located in any place other than place of their residences who have been in military service in any war in which the U. S. has been engaged and have been discharged or released from such service.

c. Civilians attached to or serving with Armed Forces of U.S. without this State, their spouses and dependents when residing with or accompanying them.

## Registration:

Since "Military service voter" has been redefined to include a broader category, all included in new definition are not required to register in order to vote. Under new provisions, spouses and dependents of military personnel are no longer required to register to vote by absentee ballot.

## Voters' Day Set For Armed Forces

WASHINGTON (AFPS) — Friday, Sept. 20, has been designated as Armed Forces Voters Day for 1968.

## LOUISIANA ABSENTEE REGISTRATION

## To Whom Applicable

a. To those persons who otherwise qualify under state law as set forth in "Qualifications for Voting" who entered the Armed Forces from Louisiana.

b. The spouses of above members of the Armed Forces who are not present to register in person because of the military duty of the Service member.

## Method of Absentee Registration

Send a letter to the Registrar of your parish giving the following information:

a. Date on which you attained the age of 21.

b. The length of residence in Louisiana.

c. The precinct, ward and parish in which you desire to register.

d. Enclose the names and addresses of two or more credible registered voters of your precinct who could make oath if required that you resided in your precinct at the time of you or your

spouse's entry into the Military Service.

## Registration Form

The parish Registrar, upon determining by contacting the two named registered voters that you are entitled to register, will send to you the registration blank. Fill out the blank, have it attested by an officer authorized to administer oaths. Note: On a blank sheet of paper sign your name. Return the registration form and the sheet of paper containing your signature to the parish Registrar.

## Time of Registration

To register to vote in the November general election, the completed forms and your signature on the blank sheet of paper must be returned to the Registrar of the parish so that your name may be entered in the parish voters list between the dates of Sept. 30 and Oct. 4.

## All Other Persons

Must register in person as set forth under "Registration."



The month of September is upon us and this means another WSTC special. This month's special is planned for Saturday afternoons. We are featuring four divisions, Third, Marine Detachment, Dental, and S-2, with a crew member from each. He will be selecting the music and D.J'ing the favorite "solid sounds" of his division for a two hour show from 2p.m. to 4p.m.

August's special of oldies proved to be a great success. Brooklyn Benny features oldies on his Tuesday and Thursday night "blasts into the past" for those who like the oldie beat.

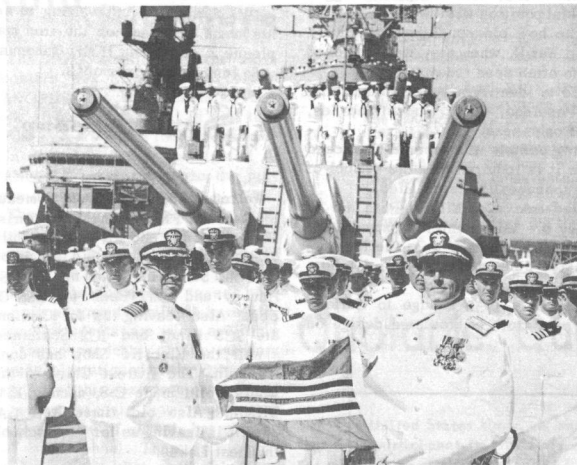
Speaking of Brooklyn, he has four great artists planned for his Wednesday night spotlight. Why not tune in on Wednesday and every other week day night from 7p.m. to 8p.m.

## WSTC RADIO SPOTLIGHTER

This month's "Spotlighter" is Chicago born Bill Downs. He reported to CANOPUS from USS Bushnell (AS 15) in Key West, Fla. and has been a staff member since Nov. 1967. He is presently the program director, and has the 5p.m. to 6p.m. "All Star 34" show. Bill hopes to become a professional D.J. after his discharge next year.

SN Bill Downs is assigned to the Deck Department and is a member of First Division. He can generally be seen about the ship in his rigger "greens".

THE SOUNDS OF THE "SHADOW" ARE COMING TO WSTC. KEEP LISTENING FOR DETAILS.



UNIT COMMENDATION—Capt. O. D. Compton (left), commanding officer of the heavy cruiser USS Canberra, accepts the Navy's Meritorious Unit Commendation flag from RAdm. Sheldon H. Kinney, commander, Cruiser-Destroyer Flotilla II, before an assemblage of the officers and crew on the ship at San Diego. Canberra was cited for "meritorious achievement in connection with operations against enemy aggressor forces in Vietnam." Operations spanned two deployments to Vietnam—Feb. 9-June 8, 1966, and Oct. 11, 1966 to May 16, 1967.

# THE HISTORY OF DOLPHINS

# SEA BREEZE



## Symbol of Qualification

A set of dolphins on the uniform of a sailorman is a badge of distinction, and indicates that the wearer is "Qualified in Submarines." The insignia is worn with pride by those officers and men who have completed the required work and study to earn them.

Only about 2% of the enlisted men in the U. S. Navy are eligible to wear dolphins. The wearing of this badge also attests that the owner has served aboard U.S. submarines and is qualified to be transferred to other submarines without going through submarine school again. Almost all submariners are graduates of the basic course at New London, Connecticut. There are a few isolated cases of men and officers qualifying without attending basic Submarine School but these are rare.

The gold and silver dolphins we see today had their origin in 1923 when Captain Ernest J. King, USN, proposed such a distinctive badge to the Secretary of the Navy, via the then Bureau of Navigation. During World War II Captain King was Chief of Naval Operations, and attained the rank of Fleet Admiral.

Captain King also submitted a pen and ink sketch of his suggestion for the badge. The idea was endorsed and other designs were submitted.

However, the final selection went back to the original, and Captain King's idea was officially adopted by the Secretary of the Navy on March 22, 1924. The design is a bow view of a surfaced submarine, with bow planes rigged for diving, flanked by dolphins in a horizontal position with the heads of the dolphins resting on the upper edge of the bow planes. Submarines were equipped with bow planes until after World War II, when they were replaced on certain submarines by the sail planes so often seen today.

Dolphins are considered a logical choice to identify a submariner in that they were the traditional attendants to Poseidon, Greek God of the Sea, patrol diety of sailors, and are symbolic of calm seas.

At one time dolphins were worn only during periods when actually attached to a submarine or submarine activity. Now it is required that the symbol of qualification be worn at all times unless subsequently disqualified.

Officers wear gold dolphins and enlisted men wear silver. Both are of bronze metal and are the same size. They are worn centered immediately above campaign medals or ribbons. Officers have always worn the insignia on the left breast but up until 1947 enlisted personnel wore the dolphins embroidered on the right sleeve between the wrist and elbow.

Although metal insignias are usually seen, a 1950 change to Uniform Regulations also authorized the wearing of a cloth embroidered design on certain uniforms.

## SECOND DIVISION

BM2 Noyes assumed the duties as our division officer on August 27 when BM1 Holmquist left us to tour Europe by car. We wouldn't be surprised if he "bumps" into Doc Edgerton and family who are also touring Europe.

SFM3 Ryan and SN Bloxson flew back to CONUS where their "old days and old girls" were waiting for them. However, Ryan will be experiencing wedding bells, while Bloxson will probably be hearing the "jailer's keys" rattling in his dreams. Both told this writer that the ink pen informed them of 'many' welcome home parties. Speaking of parties ... Second Division integrated a Labor Day party given by some 'hippie' on the beach. Man, like everything from Flemenco dancing to 'Rosie' kept things going until the clock struck midnight.

BM3 Spriggs is just waiting to see his name inscribed on the iron man plaque ... how about it Mr. Canopus?

So long until next month.

## Sea Breeze

### R-3 DIVISION

Welcome aboard to PM3 Comeau, FN Sanford, FN Hastings, FN Morris, FN Armstrong, and FN Correa. While on the other hand we bid an adios to PM2 Schroeder leaving for USS Hunley and EM2 Bean for USS Orion. Also leaving us for CivLant are IC3 Kindt and IC2 Schreiner.

Well the Electric Shop has done it again. The littlest Chief in the whole world made E-8, namely R.M. Wilson. Also old timer EM2 J.A. Sheriff is leaving us for "B" school in Great Lakes.

One of the super IC men of the Gyro Shop has been relocated in the Rubber and Plastics Shop to make sure those EM's know how to wire those cables. Give them heck there IC2 D.C. Krueger.

We also extend a hardy welcome to the new baby girl in the Ellis family.



# SEA BREEZE



## MARINE DETACHMENT

As the rest of CANOPUS, we are experiencing a major turn over. This month finds Pfc. Tichenor leaving us for the 2nd. Marine Division. The next group to depart are LCpl. Wagner, LCpl. Woosnam, LCpl. Elburn, and Pfc. Sexton. They will depart next month for the 2nd. Marine Division.

We welcome Pfc. Bryant, Pfc. Davis, Pfc. Evans, Pfc. Robinson, Pfc. Klingensmith, and Pfc. Wilcha as new replacements. All six troopers join us from Sea School after having completed Recruit Training and Advance Infantry Training. After a rushed but thorough briefing and indoctrination period the new troops started standing duty and the Detachment settled down to the normal routine for a short period of time.

With the new personnel on hand, the Detachment fired the .45 pistol for qualification. The high shooter was Capt. Bowden with a 360. The other experts were Sgt. Bartel, Pfc. Gaspar, and Pfc. Root. Sgt. Bartel and Pfc. Root also fired expert with the M-1 rifle.



WEAPONS REPAIR DEPARTMENT WORKS WHILE THE REST OF THE SHIP GOOF'S OFF!!!

## Auto Financing Available to Personnel Serving in Foreign Countries

Washington, D.C., (NavNews Family Editor) -- Navy and Marine Corps personnel using Navy Exchange facilities in foreign countries are now eligible for full credit union service and will be able to participate in the Navy Ship's Store Office (NSSO)/Navy Federal Credit Union (NFCU) joint program for auto sales and financing in foreign countries.

As a result of a change in its charter, NFCU is now able to extend credit union service to Navy personnel utilizing Navy Exchange facilities in foreign countries who are not receiving full service from another credit union.

The joint program allows overseas personnel to purchase a U. S. manufactured car, for overseas or stateside delivery, at a substantial saving, and to save money as well with low interest credit union financing. Navy Exchanges overseas sell the cars; NFCU, among other credit institutions, finances them.

NSSO-NFCU offers personnel in foreign countries an opportunity to save money on the purchase of a U. S. made car, provides easy access to rapid, low-cost financing and aids in stemming the flow of gold from the U. S.

To order a car through a Navy Exchange overseas, a patron eligible under the NFCU charter visits the authorized Navy Exchange automobile representative of U. S. manufactured automobiles. Because all sales through the Exchange are directly between the patron and the automobile manufacturer, usual sales markups are eliminated and Exchange patrons realize a substantial savings on the new car.

To arrange financing, naval personnel may obtain an NFCU loan application from the Exchange and either mail it to the Washington based credit union or take advantage of the free NFCU cable-loan service where available. When the loan is approved, a draft is issued, payable to the borrower and the auto manufacturer. Under normal circumstances, the funds will be available within 24 hours after the application is received.

## What did You do Today?

Washington, D.C., (NavNews Family Editor) -- Now that the youngsters are back in school many mothers will find themselves with extra time on their hands. Perhaps there will be a few hours each week which aren't always occupied by household duties.

If you find yourself in this sort of dilemma, why not join up with a volunteer group?

There's the Navy Relief Society. It welcomes women who can donate time in the office or thrift shop. For those who sew, making layettes is a beneficial service towards helping others.

At the Family Service Center, volunteers help newcomers solve problems for dependents and supply household kits to those who need them.

American Red Cross Gray Ladies assist in hospitals. Red Cross volunteers also are invaluable for blood

programs and disaster relief.

Navy and Marine Corps wives can help in the community - with library, church and school projects, as well as countless other community organizations.



"WE'RE IDENTICAL TWINS, BUT WE DRESS DIFFERENTLY SO PEOPLE CAN TELL US APART!!"

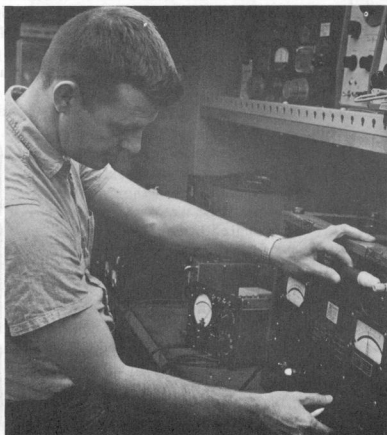
## Salty Sam Sez

"Every civilized man gives every other man every right he ever claimed for himself".

# Division of 'R



IMSN L. Austin tests pressure gauges with dead weights.



ET2 J. Koumijon checks a radiac instrument in the Radiac Cal. Lab.



ET3 E. Schlick -- what to repair it!?!?

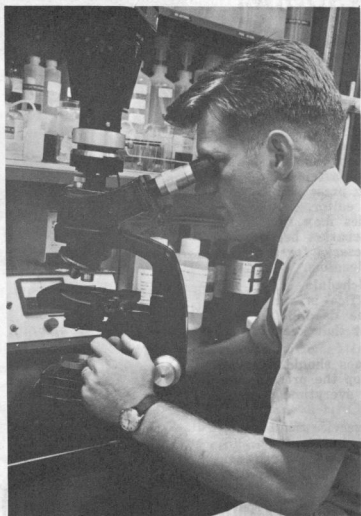


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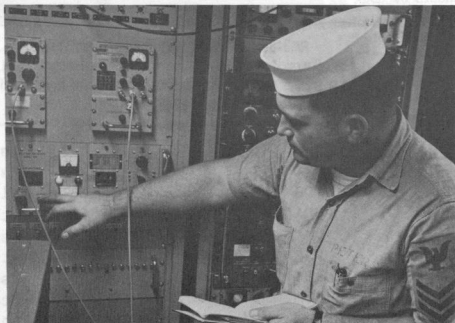
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do you mean I'm supposed



MMC H. Jones focuses on a microscopic object before photographing it.



ET1 G. Peterson checks the accuracy of a radio receiver.

## DEADLINES A Must for Any Newspaper

The deadline is the most sacred rule in a newspaper office.

Deadline is defined by Webster as "the hour at which the printing forms of a newspaper are locked, after which no copy can be inserted; hence, the time set as the limit for completion of any operation."

A news story which reaches a newspaper five minutes after the final edition has gone to press will not be of any help to the editor.

Some good stories may find their way into the wastebasket because of this—but it is necessary for a newspaper to have a deadline.

### Tight Schedule

A newspaper office is run on a tight schedule. The deadline is the primary instrument that keeps it on schedule.

Visualize the chaos should a large daily newspaper stop the presses and insert a good story everytime it came in after deadline.

The editor of a service monthly has considerably more time to make up his paper, but he still has a deadline. His is just as final as his civilian counterpart's.

Advance preparation on his part will usually prevent a last minute effort to get enough copy to fill his paper.

The deadline for submission of articles for "The HELMSMAN" is the 10th of the month. Articles should be double spaced typed to facilitate easier correcting and submitted to the Public Affairs Office.

Each article should have the signature of the writer and his phone number so he can be contacted in case there are questions.

## RM3 Cook Receives 'Speed Key'



RM3 Jeffrey Cook was the recipient of a Speed-Key certificate on August 29. To qualify for this certificate, Cook had to send and receive Morse Code at 30 words per minute.

The presentation was made by Captain H. J. Trueblood, USN, Commanding Officer of CANOPUS, in his cabin.

## What is the Origin of

### "Starboard" and "Port"?

(Editor's Note: This article is reprinted, with permission, from the August 1968 issue of USS Simon Lake (AS 33) "Fast Cruise News".)

Back in the days before foam mattresses, boats used

a "steorbord" to steer with. "Steor" means steering oar, and "bord" means ship's side. This steorbord was located on the right side. Since this steering oar protruded somewhat from the side, it was easier to tie the boat up with the steering oar outboard of the pier, wharf or what have you. The opposite side from the steorbord side was called the ladebord side, or loading

side since that was the side that normally was alongside the pier. Since the two terms sounded very similar, they were sometimes confused when spoken, so the larboard side, became known as the port side or the side closest to the port when tied up. With the changing of the English language the names and spelling evolved down to "port" and "starboard".

Do you believe that?

**A FREE BALLOT --**

**A FREE COUNTRY**

Washington, D.C., (NavNews) --- "A Free Ballot -- a Free Country" is the topic selected by Freedoms Foundation for its 1968 Letter Awards Program. The top award is \$1,000, with 50 awards of \$100 and 50 awards of \$50. Letters will be judged on their sincerity and understanding of the American way of life rather than literary excellence. The top winner will attend the Presidential Inauguration. All active duty and reserve personnel are eligible.

There is no limit on the number of entries that can be submitted by each person. But letters must not exceed 500 words, nor be less than 100. Each entry should contain the following (printed or typed): name, rank/rate, service number, full military and home address and service or reserve component. The deadline is Nov. 1, 1968. Mail to: Freedoms Foundation, Valley Forge, Pa. 19481.

**Rota Boosters**

The first meeting of the Rota Boosters was held on Sept. 4 and CANOPUS was conspicuous by its lack of participation. It is felt this is due in part to the limited information that has been promulgated to CANOPUS personnel as to the purpose of the Rota Boosters.

The Boosters are personnel stationed in the Rota area that are dedicated to furthering the athletic program at the David G. Farragut school. Its purpose is to see that various programs available to regular school students are also available to the dependents of the military personnel stationed in the Rota area.

A job of this size requires a lot of support, not only from people that have children in school, but also by single personnel. There is a multitude of things that need doing and there just aren't enough people to do it. Come on out and support the school. It's worth a few hours of your spare time and the children will appreciate it. Further information may be obtained by contacting RMI Burghout at extensions 988 or 777.

**COMPUTER CORNER**

By Bud Goode

The New York Mets have a chance at the first division. Slim as it is, with a little bit of good luck for New York and a dash of bad luck for Atlanta, Pittsburgh and Cincinnati, the Mets could finish fifth.

To win 95 games in the National League this year, St. Louis must play only .440 ball for the remainder of the season.

For the Detroit Tigers to win 100 games in the American League, they must play .580 ball.

It is now impossible for the Chicago White Sox, California Angels, and Washington Senators to win 100 games. And if indeed 100 is the pennant winning number, then also out of the running are Cleveland, Minnesota, New York and Oakland.

Computer Corner poured the season statistics, including games won, games lost, and the number of games still to play, into our University Computing Corp. electronic evaluator to figure what percentage must be won in order to capture 95 wins in the National League, and 100 wins in the American.

We also computed the Total Offensive-Defensive ability of each team by dividing total runs scored by total opponent runs. This R/OR ratio is the best single predictor of a team's standing at season's end. Over the past ten years the winning team had a R/OR ratio of 1.20 or better. The average team has a 1.00 R/OR figure—meaning they scored as many runs as they gave up. Here are the standings through games of Aug. 13:

	R/OR	% TO WIN 95		R/OR	% TO WIN 100
National League			American League		
ST. LOUIS	1.31	.44	DETROIT	1.30	.58
SAN FRANCISCO	1.06	.76	BALTIMORE	1.21	.72
PITTSBURGH	1.02	.91	MINNESOTA	1.08	.96
CINCINNATI	1.02	.79	CLEVELAND	1.05	.90
CHICAGO	1.01	.72	OAKLAND	1.05	.91
ATLANTA	.99	.79	BOSTON	.97	.82
NEW YORK	.98	.98	CHICAGO	.94	OUT
PHILADELPHIA	.91	.89	NEW YORK	.93	.98
LOS ANGELES	.88	.96	CALIFORNIA	.84	OUT
HOUSTON	.87	OUT	WASHINGTON	.76	OUT

St. Louis' 1.31 R/OR strength ratio indicates they are 31% stronger than the average team in the League. All clustered around the 1.00 mid-mark are: Pittsburgh, 1.02; Cincinnati, 1.02; Chicago, 1.01; Atlanta, .99; and the New York Mets, .98.

Some readers thought the electronic computer had been sitting out in the sun too long when earlier in the season it predicted the Mets would finish ahead of the Dodgers. Now the computer says, with its diodes in an electronic frenzy, there's an ever so slim chance the Mets can finish in the first division.

Would you believe 6th?

**Quotable Quote for August**

"The United States Navy, as an instrument of world security, cannot help but be a participant in world affairs as long as the oceans wash the shores of most of the world's nations."

Admiral Thomas H. Moorer, USN  
Chief of Naval Operations  
Before the Los Angeles World  
Affairs Council,  
Los Angeles, California  
June 1, 1968

## A JOB TO DO IN VIETNAM!!

Washington, D.C., (NavNews) --- He's going back to Vietnam. For the third tour. Crazy? Maybe.

"Even my own mother calls me 'stupid,'" BM2 Sam Swenson says, adding, "but I guess that's because she loves me and is worried about me."

In the service for nearly 12 years, the boatswain's mate will leave behind him his wife and two young daughters.

His first tour in Vietnam was flying AirEvac out of Saigon to Tachinkawa. His second, with the Seabees at Chu Lai. Swenson, before leaving NAS Pensacola expressed his thoughts in "Fly Navy", the Naval Air Training Command's magazine.

"It's hard to put my feelings of responsibility into words because it's mostly feeling," he wrote. Swenson recalls that reading "A Message to Garcia" turned out to be a pivotal point in his thinking. "I got the idea and it has stayed with me. If there is a job to be done, you don't wait for somebody to tell you all the details. You just go ahead and do it..."

Regarding the Navy, Swenson said, "People talk about losing your free-

dom in the Navy. You don't lose your freedom -- you learn to respect it and accept the responsibility that goes with it. If you're working as a civilian and you don't like something about a job, you can say 'I quit.' But right then, you're a loser. Because the next one will be the same way and you just can't go on quitting forever."

The Navy, Swenson observes, teaches you to stick it out and overcome the problems... "That's what we have to do in Vietnam. Risking his life in Vietnam is seen in the same light as "helping the guy in a car wreck or robbery."

There's more to it than that, though. Swenson feels "I am a member of a fighting team that doesn't go out to conquer but to stand up for our beliefs. And the cornerstone of our belief is freedom --- not just for us but for everybody. It's only when we mature and accept this responsibility for others that we are really free."

For the third time, BM2 Swenson is showing his measure of involvement and responsibility --- and his own way of carrying the message to Garcia.



**COOLING OFF** — Lilia Castillo keeps cool while at the Mexico location of "The Wild Bunch," her latest movie for Warner Bros.-Seven Arts. The Olympics aren't Mexico's only attraction this year.

## Questions About the Sea

One of the most important discoveries about the oceans is the true nature of the sea floor. Not so long ago it was generally believed that much of the deep ocean floor was a featureless plain. We now know that there are numerous mountains under the sea, some of them higher than Mt. Everest. But perhaps the most striking discovery is that all oceans except the North Pacific are divided in the center by an almost continuous system of mountains.

Some of the other important discoveries are:

Discovery in 1938 of the coelacanth, a fish thought to have become extinct 50 to 70 million years ago, but which was found to be thriving off South Africa.

Discovery of a layer of living organisms spread over much of the oceans at a depth of several hundred fathoms (deep scattering layer).

Discovery of nodules of manganese, cobalt, iron, and nickel which can be dredged from the sea floor.

Discovery that the earth's crust is much thinner under the sea than under the land and that the bed of the

ocean is underlain by basalt rather than by granite which makes up the continents.

Discovery of a deep sound channel that carries sounds for thousands of miles.

Discovery of life in the deepest parts of the oceans.

Perhaps the most important recent discovery is that man can live and work in the ocean for extended periods of time. Capt. George F. Bond, a medical officer in the U. S. Navy, discovered that, once a diver's blood has become saturated with breathing gases at a given depth, decompression time is related only to the depth and not to the length of time the diver remains there. This led to the concept of underwater habitation by Cousteau and Link.

### JOHN F. KENNEDY

"...ask not what your country can do for you—ask what you can do for your country." Inaugural Address (Jan. 20, 1961)

Buy U.S. Savings Bonds,  
new Freedom Shares

CANOPUS was host to a USO Show - Youth Varieties - on the helo deck on July 26, 1968. Providing the crew with some splendid renditions of slap-stick comedy and 'good old' state side music were Linda Petker, Adrienne Anes, Elaine Williamson and her husband Grady, Gay Tufarolo, Susan Gerard, Rick Hunter, and Fred Caley. All are from the Daytona Beach, Fla. area.

Youth Varieties has been performing before military groups from Alaska to Japan and Hawaii to Spain. They are presently on a Mediterranean tour that will take them to Spain, Morocco, Liberia, Sicily, Italy, Greece, Turkey, Saudi Arabia, Pakistan, Euthopia, Uran, and the Banaan Islands.

Among the many songs heard were 'Hi Neighbor,' 'Bumble Boogie,' and 'Dynamite.' The crowd of over 400 men also enjoyed the jokes of Grady Williamson, Jr. Grady has been performing with his two sisters for over 18 years. When he is not entertaining the troops he owns and operates a dance studio, a men's athletic studio, and is a part time police officer.

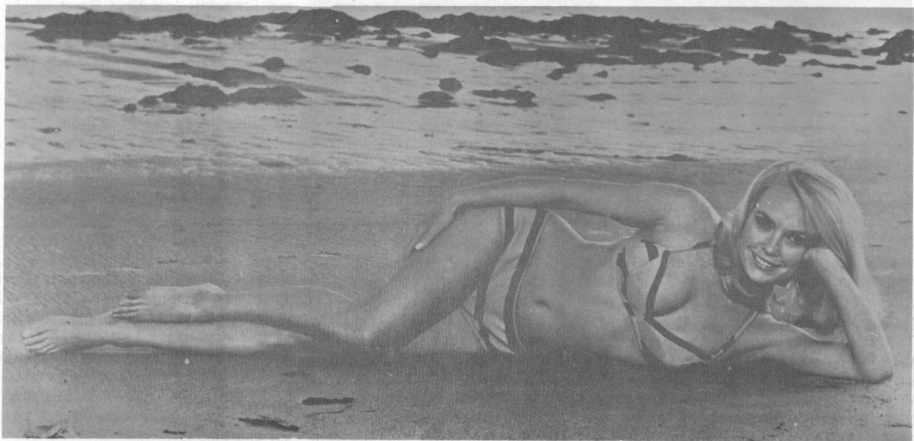
## 'Youth Varieties'

### Visits

## CANOPUS



## Ship-Mate-of-the-Month



# QMCS Relieves CSC



QMCS CONTINELLI



CSC TOTI

Chief Toti left CANOPUS this month to report aboard USS Orion as her new career counselor. Chief Toti has been our training chief and career counselor since November 1966. Other duty stations of Chief Toti's have included USS Holland, 1965 - 1966, YFNB 12, 1963 - 1965, VU 4, Naval Air Station, Oceana, Virginia, 1959 - 1963, and SubGroup ONE, Green Cove Springs, Florida, 1954 - 1956.

Senior Chief Quartermaster Joseph A. Continelli, USN, enlisted in July 1941 at Galveston, Texas. This started a naval career that was to take him around the world.

After recruit training at San Diego, Calif. he was ordered to USS Nevada but he was re-assigned to signal school. After signal school he transferred to the U. S. Naval Station at New Orleans, La. to await the arrival of a ship which never came. It was sunk by a U-Boat while entering the Mississippi River. He was then assigned to a patrol craft for a year's duty in the Caribbean and Gulf areas.

His next duty station, a destroyer, took him to the South Pacific and World War II action. After the War he was sent to Shoemaker, Calif. for a tour of shore duty as an instructor in a Naval Penal Institution.

Completing his shore duty and submarine school in early 1948 he reported aboard USS Beugo (SS 321). He also served aboard USS Pomfre (SS 391) and USS Queenfish (SS 393).

Early 1952 found him on his way back to the U.S. to assist in the movement of 50 small landing craft (LSSL). These small craft were on lend lease to the Japanese government. After completion of this task he reported to command a high speed crash boat (AVR) at San Diego. He was transferred after a year to USS Nereus to become her assistant Navigator.

Following his tour aboard NEREUS he was assigned to USS Jason (ARH 1), the Flag Ship for ServRon THREE. Two days after reporting aboard she sailed for an extended tour in the Far East.

Upon completion of his duty in JASON and a short tour as an instructor at another penal institution he reported to "boot" training. This time it was not a refresher course but to push "boots" for the next three years. Following this Chief Continelli returned to the submarine force and duty aboard USS Sea Wolf (SSN 575) under re-conversion in Groton, Conn. While serving aboard SEA WOLF he participated in an operation in the San Juan area as part of the Submarine Force for Springboard '61.

On a special assignment, SEA WOLF, had to shadow the SS Santa Maria. The MARIA had been captured by a small group of pirates from Portugal who intended taking the "prize ship" and then turning it over to the Salazar government.

Things didn't quite work that way and one night about midnight the SEA WOLF made contact off the coast of Brazil near Recife. The incident developed into one of the most incredible stories of 1961. After completion of this special assignment SEA WOLF returned to operations with Springboard '61. At the end of his tour in SEA WOLF he was appointed to Ltjg. LDO.

After several schools he reported for a short tour to USS Hunley (AS 31) and then to USS Seminole (AKA 104). He made another "WestPac" cruise and also qualified as an OOD. Chief Continelli reverted to QMC and received orders to USS Menhaden (SS 377) in 1964 and he later saw duty in USS Chevalier (DD 805). The 805 was engaged in operations off the Vietnam coast.

Chief Continelli then returned to shore duty with Commander Amphibious Forces Pacific Fleet at the Amphibious Base, Coronado, Calif. His job was to commit to memory the location and assignment of each unit of the Pacific Amphibious Force and prepare a weekly briefing for the Admiral. Chief Continelli says the force grew from 62 units to over 100 when he completed his tour.

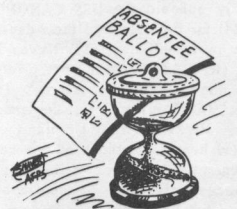
After a tour with a staff as large as ComPhibPac, Chief Continelli was ready for retirement after 26 years. Once again the needs of the service called him. He thought he would ask for duty in Europe and preferably the CANOPUS. Much to his surprise he was granted the request.

That's the story of your career counselor. Drop by the office if you feel like swapping sea stories -- he loves to gash!

Adios Chief Toti. Chief Continelli only hopes he can do as commendable a job as you did.

Chief Toti said all these duty stations have been good but some were better than others. He would like to thank all the men on CANOPUS who have reenlisted since his reporting aboard. With the large amount of re-ups onboard, the CO and XO might think his job was all work and no play. Now that he has left he told the truth and admitted

that it was a little luck, some work, and lots of coffee breaks which left some time for play. Chief Toti hopes the ORION is half as good a duty station as was CANOPUS. Also he knows he will not get a chance to say so long to all the men so instead he's hoping to serve with his shipmates again some other time. (All but one that is!)



Members of the W-4 Intramural Basketball Team are (left to right) MT2 Barry Richard, MT2 Pat Skarp, MTC Bob Maurer, Jr., MT2 Bernard Brainerd, and MT2 Steve Bastable. W-4 finished the season in First Place by winning 17 and losing none.

Team members not shown are MT2 Charles Weston, MT2 John Violette, MT2 Bill Durfee, MT3 Jim McCombs, and MT3 Dave Ritterbusch.

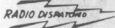
# 'First Place'



The CANOPUS winter Bowling Wives League ended the season with a tie for First Place. Teams 4 and 16 held a roll-off with team 4 the victorious. During the season there were 17 girls who bowled a 500 series and two new members to the National "600" club. They were Earlene Hofer with a 612 and Pat Brooks with a 637.

Members of the First Place team are (left to right) Myra Nickle, Ann Witmer, JoAnn Eisaman, and Earlene Hofer.

# SEA BREEZE


**OPS/NAV**

## "The Sparks Speak"

Greetings from the November 1978 Helmsman Division of the Month!! The editor says, "were going to have to wait that long before a shutter fast enough to catch us in action is developed"...

## --- FLASH ---

RM2 Laurel Giambra seems to have ended his good libs by making his first mistake. The ceremonies of marriage were in Jerez de la Frontera on September 7. That gives us two of the señoritas Garcia espoused with men of the department .... good luck Laurel.

## --- HUMAN INTEREST ---

On the meritorious side, a "heartly well done" must be given to RM2 Flick (a very colorful lad) for saving the life of his division officer?? It seems that Flick took his POV for a swim in a ditch AFTER giving Mr. Kluck a ride home, rather than before --- nice try anyway Flick.

## --- CONFIDENTIAL ---

There seems to be a domestic incident of about 20 years past that currently has a certain person turning-to on the signal bridge. Mike Mancini, whom the stork brought to the "old country" instead of the new, has decided to try flag-waving rather than communications yeoman. Don't worry about the "NoForn" stamp Mike, we still all like ya... hope you'll be back with us soon.

## --- ENLISTED EYES --- --- ONLY ---

To M.D.K., we hope you have a protege that plays a better game of chess than you do.

The "blonde bombshell" from San Francisco has deserted her fiancée for about eight months. Don't worry Cam, you CYN's are real hackers...

## --- RUMOR ---

What's the hot scoop on Mickey Mangione being seen riding in an official black and white sedan to the hand ball court with a certain unknown party...

## --- SOCIAL NEWS ---

The social schedule has been picking up lately. Two recent bodega tours were enjoyed by those attending - especially the return trip!! The summer time, they say, is for good times and we've been taking advantage of the weather for the past month or so. RM1 Burghout has a "grande" blast planned for Sept. 13. He has an anti-rain dance planned for the early evening that day.

We're all awaiting the arrival of our new department head, LCdr. Joplin, who will relieve Lt. Suprenant. Mr. Suprenant has orders to Submarine School, New London, Conn. We wish him the best of luck and many thanks for his steady influence and guiding hand since day one.

## --- SPORTS ---

As you all know, our would-be champion (for the second season in a row) slow-pitch softball team forfeited a crucial game to the "old timers" due to one individual's gross misconception of the rules of fair play. Accordingly, the morale of Reckers "Stalwart" Raiders was completely devastated to the point of no return...to the league that is.... never fear fans, for the athletic minded raiders have made a strong come-back at the nineteenth hole, with such stand-outs as "Arnie" Recker, "Slammin Sammy" Connors, "Champagne Tony" Eck, "Wiff-em Woosey" Cook, "Triple Bogey" Johnson, and last but definitely not least is "Pipeline Dick" Fitzpatrick. Congratulations to "Arnie" for his recent score of 77 for the first nine and to ole "Triple Bogey" for his bogey?? Incidentally, "Champagne Tony" made a great 19th. hole save on a slippery Schlitz!

Most of the duffers seem to have noticed Mrs. Recker on the course

these days even more so than ole pro "Arnie". She has a sparkling new set of clubs with the works no less, What's the story "Arnie"? Everyone knows he's still renting his gear!!

## --- FINAL ---

Here's the latest scoop for all you "Message Hunters".....

Yes, we know, Y-O-U are looking for a message that was sent out last month, right!?! You don't know the date-time-group, but you T-H-I-N-K that you know the subject, (we never file by subject!). But, DOOOOON't worry, with minds like ours, how could we P-O-S-S-I-B-L-Y forget Y-O-U-R message out of 9,000!!!

--- Your Bewildered Communicators

## DRIVE SAFELY - AND LIVE

# The Helmsman

THE HELMSMAN is published monthly onboard the USS CANOPUS (AS-34) for the crew and their dependents in compliance with Navso P-1035 (Rev 12-65) with appropriated and non-appropriated funds. The HELMSMAN is a member of the Armed Forces Press Service. Opinions expressed herein are those of the writers, unless otherwise stated, and are not necessarily those of the Department of the Navy or of this Command.

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