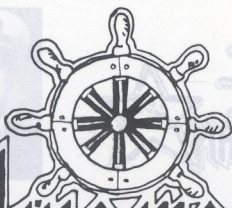
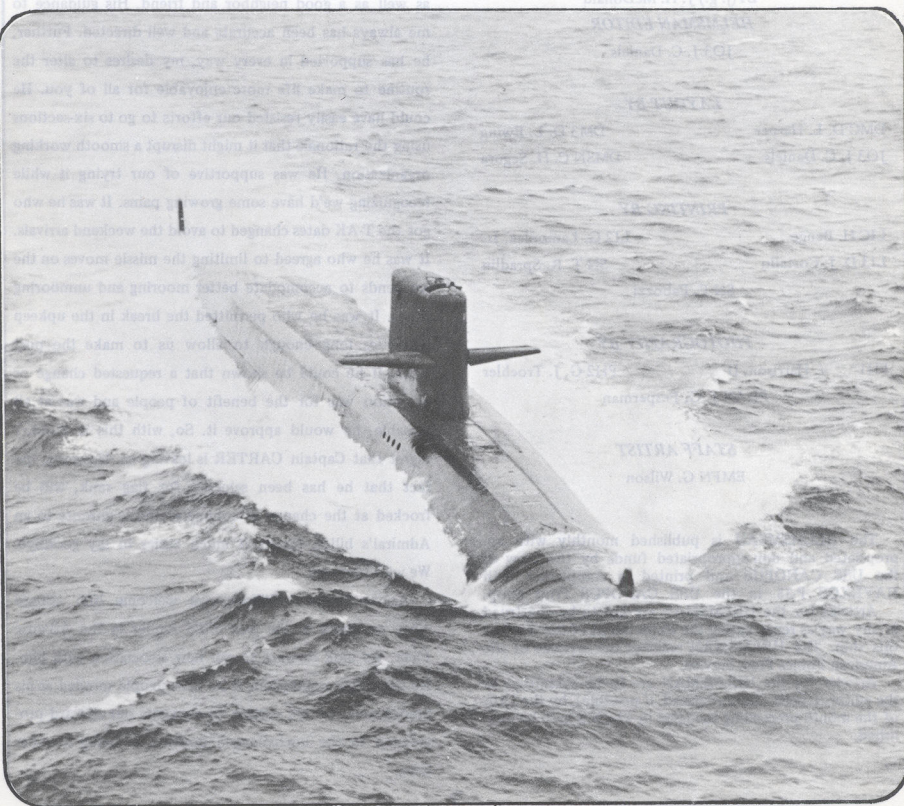


The Helmsman



USS CANOPUS (AS-34), ROTA, SPAIN. VOL. 13 NO. 5

June 1978



The HELMSMAN



Captain's Call

by Captain John M. Will, Jr.

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Captain J. M. Will, Jr.

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Articles for the HELMSMAN are to be submitted to the editor, (typed, double spaced, if possible), by the 10th of the month preceeding the issue in which it is to be published.

As this is in printing, we will have the Change of Command of our Commodore--Commander, Submarine Squadron SIXTEEN--Captain Powell F. CARTER, Jr., USN, to be relieved by Captain J. D. Williams, USN.

It is with mixed emotions that I see Captain CARTER depart as my immediate superior in the chain of command. He has been a gem of an individual to work with, as well as a good neighbor and friend. His guidance to me always has been accurate and well directed. Further, he has supported in every way, my desires to alter the routine to make life more enjoyable for all of you. He could have easily resisted our efforts to go to six-sections using the rationale that it might disrupt a smooth working organization. He was supportive of our trying it while recognizing we'd have some growing pains. It was he who got the T-AK dates changed to avoid the weekend arrivals. It was he who agreed to limiting the missile moves on the weekends to accomodate better mooring and unmooring times. It was he who permitted the break in the upkeep schedules long enough to allow us to make the port visits. If he could be shown that a requested change or evolution was for the benefit of people and was at all possible, he would approve it. So, with this in mind, I regret that Captain CARTER is leaving us. However, the fact that he has been selected for flag rank, will be frocked at the change of command and is enroute to an Admiral's billet, makes it much easier to say goodbye. We wish him well.

As to Captain Williams--we welcome him aboard what we think is the best FBM tender in the Atlantic Fleet. We look forward to our new association with him. He has a fine reputation. If he is as people minded as his predecessor, we are certain to continue our upward progression to the unchallenged position of being Number One.

Editorial

A change of style

As you have probably noticed by getting this far into the paper, a few things have changed from what you are used to seeing in the Helmsman.

We are experimenting with a new format for the Helmsman and hope that it will help us become more consistent in laying the paper out. We also feel that the new format will give the paper a sharp, new look.

This new style will not accomplish anything if we don't hear some type of feedback from you guys. You are what makes or breaks the paper because it is about and for you. We on the Helmsman staff cannot say that it is our paper. It is your ship's newspaper. If you have anything to say about the new format or content of the paper, let us know. When I say anything, I mean both the good and the bad. If there is something in the paper that you disagree with, tell us. Also, if there is something you like, we never turn down compliments.

Also in this issue, we would like to announce an addition to our staff. EMFN Gary Wilson has volunteered to be the staff artist. His work was featured in the last issue along with SN Ulysses Abreu's article, "Cadiz Prison: An Inside Story." Sorry I called you EMFM, Gary. We on the staff appreciate this kind of support from our shipmates. I know there is talent in just about all areas of creativity right here on the ship and I know we have a few good writers, cartoonists and photographers lurking about. Come on, guys! We would much rather print one of your articles than to have to run an article from the Navy or DOD news sheets we receive every week. I think it will be better for you also.

Again, I would like to ask that you let us know how you think we are doing. Not only will it help us, you will benefit also. Thank you.



Chaplain's Corner

by Chaplain (CDR) Jack Peters

This will be my last article in the Helmsman.

I will detach CANOPUS on 27 June, 1978, and report to the 2nd Marine Division, Camp Lejeune, North Carolina. (This will require a haircut.)

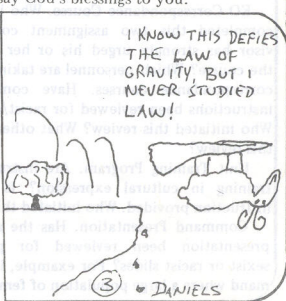
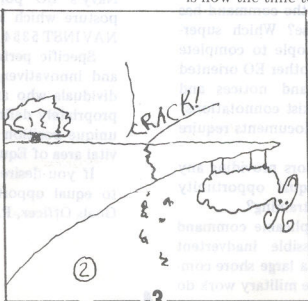
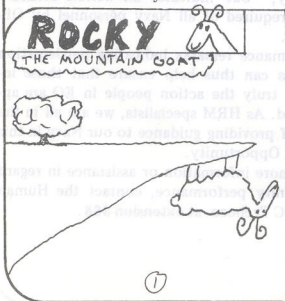
As I reflect upon the many individuals that I have talked with and observed at work and on liberty, I feel that I should challenge all to think of time.

Christopher Fry wrote, "Time walks by your side, ma'am, unwilling to pass." Thomas Mann said, "Time has no division to mark its passage. There is never a thunderstorm to announce the beginning of a new month or year."

God placed proper attention and value upon time. Throughout the Bible, the prophets of the Old and the apostles of the New Testament remind us of the proper use of our time. The right management and use of our time is what we should all be concerned with. Perhaps a better way to say it is to declare that we are to buy up the opportunities which time provides. Every moment has its own privilege or duty, and by doing the duty of the moment, we use that particular opportunity and turn it into gain.

We must therefore keep up with time, lest we fall behind and face a collision of duties. Unless we do the duty of the moment, we do fall behind. Then, instead of being the free owners of time, we become slavish debtors to it.

Take time, but use time, its opportunities, and I assure you that problems will not camp on your doorstep. It is now the time to say God's blessings to you.



from the desk of

Human Goals Officer

Equal opportunity is everyone's business, on a daily basis. This is important to managers and supervisors alike, as they write fitness reports and or enlisted evaluations.

This article should shed some light on performance appraisal relative to equal opportunity performance criteria...Too many times we find ourselves in the dark when we assign marks in this area.

This article was taken from the Human Resource Management Journal, Summer Issue, 1978.

"Active support of Navy Equal Opportunity policies and the command AAP is the norm against which individual performance must be evaluated."

How many enlisted evaluation or officer fitness reports have you read which state "this individual actively supports the Navy's Equal Opportunity Program;" or "this person shows no overt racial behavior;" or even this "this person treats all personnel alike without regard to race, sex or national origin?" These nebulous yet very common statements do not, of course, describe the active support of the Equal Opportunity as required by the Navy's EO manual, OPNAVINST 5354.1 of 29 May, 1974. This directive requires active support and further emphasizes participation and innovation in pursuit of Equal Opportunity. Notation of the degree of success or failure is required in all evaluation reports. Commanding Officers are rightly concerned with just how does one report equal opportunity actions in these evaluations. In short, what can he or she look for in the individual's performance which would merit consideration for noting active support of Equal Opportunity as defined in the EO manual? This is a question often asked yet it is left unanswered. In response to this question, though, a brainstorming session was held at the HRM school in Memphis with the graduating class on 23 September 1977 and useful ideas were generated which can provide guidelines for the HRM Specialist in the field. The following include some areas in the form of questions which can be used by Commanding Officers to generate action oriented Equal Opportunity remarks in evaluation reports. They can also be used by individuals who simply want to improve their own performance in the EO field

EO Correspondance Course. Who in the command has completed this two assignment course? Which supervisor has strongly urged his or her people to complete the course? Which personnel are taking other EO oriented correspondance courses. Have command notices and instructions been reviewed for racist/sexist connotations? Who initiated this review? What other documents require this review?

Unit Training Program. Are instructors providing any training in cultural expression? Is equal opportunity instruction provided. Who initiated this training?

Command Presentation. Has the applicable command presentation been reviewed for possible inadvertent sexist or racist slides? For example, in a large shore command where a large population of female military work do

the slides show only men? Do the slides depict other minority personnel? Do the scripts for the presentations indicate command effort in equal opportunity?

Command Training Team (CTT). Who are the members of this team? How well do they perform their job? How do these personnel keep updated in the function of the CTT?

Outside Schooling. Are any majority personnel taking courses in Black or Hispanic history or like subjects? Is there anyone teaching these subjects after hours? Who teaches classes to deprived youth?

Incidents. Who has reported evidence of racial or sexist policies? Who has followed through with investigation? Who has taken immediate action to counter racist or sexist slurs or other disfunctional behavior? Who counters stereotypical remarks. How do individuals handle EO complaints?

Outside organizations. Who takes an active role in improving conditions of minorities in the community? Who belongs and actively supports civil rights organizations? How active is the command in exercising Liaison with these groups?

Writing/Speaking. Who has written articles, given speeches or lectures in support of EO or like subjects?

Affirmative Action Plan. Who wrote this document? Who is responsible for the required action and what has been the result of this action? Who compiles EOQI's? Are they updated and by whom?

This list could go on ad infinitum. However, it is sufficient to show that there are many areas where a command or individual can develop progressive action oriented behavior in Equal Opportunity. Read the following actual excerpt from a naval officer's fitness report:

"Ensign Jones completed the Navy's Equal Opportunity Correspondance Course and required his subordinates to do likewise. He has rewritten the Navy program on traditions to include the contributions of minorities to our Navy and has given this presentation to five minority organizations in the San Diego area."

This is not only more specific that the trite and generally untrue statement, "he/she actively supports the Navy's EO policy," but indicates an action oriented posture which is required of all Navy personnel by OPNAVINST 5354.1.

Specific performance remarks indicating participation and innovativeness can thus help ensure that those individuals who are truly the action people in EO are appropriately defined. As HRM specialists, we are all in the unique position of providing guidance to our Navy in this vital area of Equal Opportunity.

If you desire more information or assistance in regard to equal opportunity performance, contact the Human Goals Officer, RMC Pecheco at extension 368.

Command Career Counselor by NCI Jerry Buczkowski

Another path a member has for progression from enlisted to officer status and obtaining a college education is the Naval Reserve Officer Training Corps, NROTC, Scholarship Program.

The NROTC Scholarship Program leads to an appointment as an officer of the regular Navy or Marine Corps in the grade of Ensign or Second Lieutenant. The NROTC Program is maintained to educate and train well qualified young men and women for careers as commissioned officers.

This program was established primarily for high school students who desire to receive a college education and become a regular active duty Navy or Marine Corps officer, but the same program is offered to active duty members. Enlisted personnel may apply for an NROTC scholarship in the same manner as civilian applicants.

An NROTC scholarship applicant must be a U. S. citizen under 25 years of age on June 30th of the year he or she would be eligible for commissioned status, a high school graduate or GED equivalent, physically qualified and of good moral character. No waivers will be granted.

The NROTC scholarship program provides the individual with free books, tuition and special fees plus \$100 per month subsistence allowance for a maximum of four years. They will also receive free uniforms and approximately \$100 per week during summer cruise.

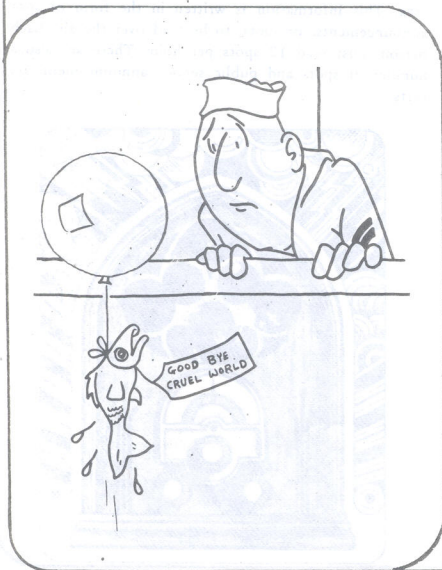
Upon graduation, you will be commissioned as Ensign

in the U. S. Navy or as Second Lieutenant, U. S. Marine Corps.

All processing of Naval personnel for NROTC scholarship competition is accomplished at Navy or Marine Corps activities listed on the application form, which for Navy personnel, will be the recruiting district they select for final consideration.

If accepted, the in-service active duty member will be issued orders from his or her parent command to report to the appropriate NROTC unit. After reporting, the scholarship recipient will be released from active duty and appointed Midshipman, U. S. Naval Reserve, further agreeing upon successful completion of the program to accept an appointment as a commissioned officer in the naval service. Those persons entering NROTC from active obligated duty, with one or more years active obligated service remaining, may be ordered to active duty to fulfill any remaining commitment if disenrolled from NROTC prior to commissioning.

Full details on the NROTC Scholarship Program, including a list of participating civilian universities, application form, physical requirements, age and all other standards are contained in the current issue of the NROTC Scholarship Bulletin. Unfortunately, we have not received our shipment of bulletins as of yet, but they will be disseminated as soon as they are received on board.



Mystery Man



No one can be sure, but we think this young cracker-jack is closely related to the young TMSA in the submarine story on page 8.

AFRS: A look inside that strange looking building

Upon entering the building, you see the thousands of electrical transcriptions available for programming use. Off to the right is the main control room, with the auxiliary control room being off to the left and straight ahead. Past the auxiliary control room is the administration room, where the paperwork that is needed to keep the complex running 24 hours per day is done.

No, you are not in the secret control center of a mad scientist who is planning to take over the world. You are in that familiar and interesting place known as AFRS.

American Forces Radio Service, Rota, is a detachment of the Navy Broadcasting Service, number 13 to be exact. The station operates 24 hours per day, seven day per week, to keep the community informed on pertinent issues, as well as to provide entertainment to suit nearly every individual taste.

STEREO 96

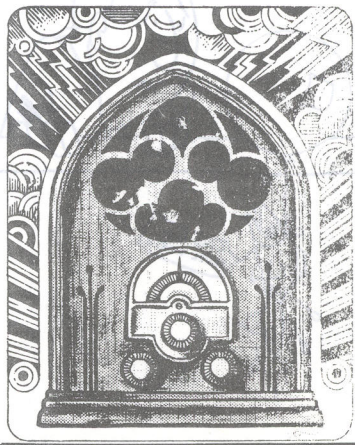
Out of a total 168 hours per week, nearly 90 hours are filled with what is known as "canned" programming. These shows are recorded either on tape or record and shipped to the station on a weekly basis. Such favorites as Charlie Tuna, Gene Price, Roland Bynum, Tom Campbell and Johnny Darin, as well as some information and drama programs are included in these shipments. The majority of the DJ's on these programs are from the Los Angeles area and are contracted because of their proximity to AFRTS Los Angeles and their high ratings in their respective field of music. They are all civilian, and those among us who are from California have probably heard some of them before. LT Deborah Burnette, NAVSTA Public Affairs Officer, says the station receives many calls requesting, for example, that Gene Price play a certain song or if they can talk to Charlie Tuna over the phone. The programs are recorded and sent to the station, so Charlie Tuna, Gene Price and Wolfman Jack are not at the station. Sorry about that!

The station receives news every hour from Torrejon Air Base. Torrejon receives the news from the major news wires, as well as AFRTS Washington. AFRTS Washington provides the station with live and taped sports and news conferences.

The remainder of the on the air time is filled with local programming. The electrical transcriptions mentioned earlier are simply records. There are approximately 15, 000 to 18, 000 records at the station, dating from the late 40's up to the hottest music off the charts today. New records are shipped to the station on a regular basis to keep up on the latest music. These records are supplied by AFRTS Los Angeles. The station records the top 20 songs from the Hot 100, Country and Western, Soul and Easy Listening charts on carts, a tape that resembles an 8 track. These are on hand for the station personnel for easier programming.

Certain types of music are programmed for certain times of the day, but for the most part, the station personnel program their own shows. Certain people have request line shows, but that involves a bit more work.

To provide information to the area, the station gets news from various organizations and commands here in the area. This information is written in the form of spot announcements, or spots, to be read over the air. Each person must read 12 spots per hour. There are also a number of spots and public service announcements on carts.



YOU NAME IT AND WE'VE GOT IT!

For the For the five permanent station personnel, the job is not all glamor and glitter as some people might think it would be. Sometimes, the job gets a little boring and routine, so each 3-month cycle, the station personnel are put into different time slots and are given different responsibilities. In addition to the on the air time, paperwork, spot production, writing, recording, record filing and other various office tasks must be completed. LT Burnett says it is sometimes hard to hide the "routine" of the job while on the air. In addition to the live "DJ" shows which run for two hours, the person must stay at the control board for another four hours to pick up the news every hour, change the canned programs and make sure everything runs smoothly.

To help out, the station has a small handful of volunteers known as "Weekend Warriors" at the station. These "Warriors" assume various 6 hour shifts over the weekend and sometimes during the week.

It is by no means a skate job. It takes cooperation, some mechanical skill and most of all, creativity.

BEE GEES
BEATLES
LORETTA LYNN
GRATEFUL DEAD
CARLOS SEGURA
BEACH BOYS
ROY CLARK
STYLISTICS
EAGLES
ATLANTA RHYTHM SECTION
JERRY REED
RAYDIO
MONKEES
EARTH, WIND AND FIRE
KISS
TAVARES
ELO
ELTON JOHN
JOE WALSH
MONTROSE
WILD CHERRY
CANNED HEAT
RENAISSANCE
WAYLON JENNINGS
CHARRO
FLEETWOOD MAC
WILLIE NELSON
CARPENTERS
OHIO PLAYERS
JOHNNY CASH
SANTANA
SPINNERS
AEROSMITH
LINDA RONSTADT

Master at Arms force at work against drugs

The Master at Arms force is at work against drugs.

In the past few months, some 125 grams of hashish and 79 grams of marijuana have been confiscated by means of the various searches, both dog alerts and on the quarterdeck.

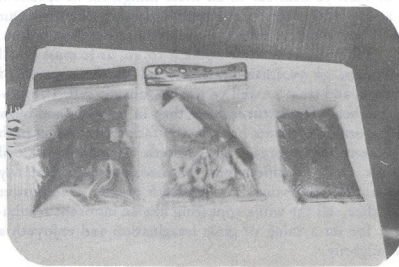
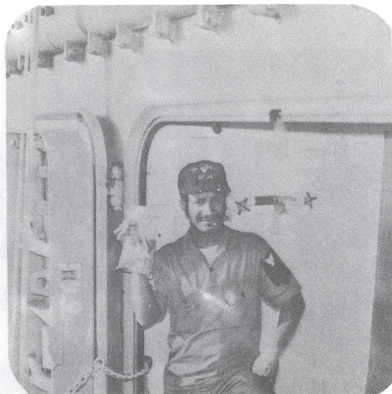
The following pictures show the substances being disposed of by one MAA, while another looks on as an official witness.

What does this mean to the user?

Over this period, 36 cases were assigned monetary penalties totalling \$11, 090. This averages out to a little over \$300 per person.

In addition to the fines, 1173 days restriction were awarded to 28 cases, averaging out to about 42 days per man and 837 days of extra duty, about 30 days per man, were also awarded.

These penalties are strict but welcome, compared to Cadiz Prison, but one has to ask himself if it is really worth the trouble, fines, restriction, extra duty or the six years and a day.



Submarine Force, Pacific: 20 years ago....

Guidance was provided to young sailors reporting to modified fleet type diesel-electric submarines in the form of verbal lore gained from experience during World War II and written advice, at times, provided tongue in cheek. An example of some of the latter was provided to a TMSA upon reporting to the USS BREAM (SSK-243) in 1958.

FIRST EPISTLE TO THE SUBMARINER

(from the book of BREAM)

1. Harken, all ye fledglings who wouldst fain operate the great iron pipe beneath the bounding main, for it requireth technique which cometh to no man naturally, and is aquired only by great diligence and perseverance throughout endless hours stood at ye diving station, countless dives at the witching hour of midnight and an all abiding faith in the Father Almighty.

2. Listen ye to the Centurian, for he speaketh from vast wisdom and great knowledge. He hath experience ye tightened grommet many times whilst making full-power dives on four mains; hath blanched greatly at ye single red light on ye Christmas tree; and myriad numbers of liberties he hath missed while repairing the submarine as friends cavort gaily in yon caberets on the shore. And take heed that by those present ye shall know that he is a wiser and sadder man than thou.

3. Heed ye not he who speaketh of the romance and glamour of the high seas. Be ye not swayed when he extolleth the sting of the salt spray upon thy lips and the roll of the stout deck beneath thy feet and the exotic peoples of foreign lands beyond the horizon.

4. For the salt spray windeth up in the Joe, and the roll of the stout deck putteth thee on ye binnacle list with a wrenching of the belly. And he who enticed thee will wave thee goodbye from the shore and consider thy foolish plight o'er a cool glass of brew at the local bar.

5. He wouldst fain take thee from thy loved ones and cast thee amongst riff-raff of all nations, who will approach thee with extended palm, (or offer to exchange thy money for ye local worthless script or ye "feelthy peccatures.")

6. Turn ye deaf ear to all these things, for he speaketh as a man with holes in the head and quotheth from "Our Navy" and wouldst fain have it in you rather than in him.

7. But when thy time cometh to go, as it must to all producers, go ye forth bravely, heed all these words of wisdom, and treat ye well ye treacherous pit called ye submarine head, lest it turneth on thee in its anger and blow its honorable contents back in thy face. For it concealeth a serpent in its breast and ploteth all manner of evil against thee. It smileth not for thee, but smirks at thy youth and helplessness and gloateth greatly at its power over thee, all the while appearing like an innocent respiratory: for its a thing of great imagination and enjoyeth a jest mightily.



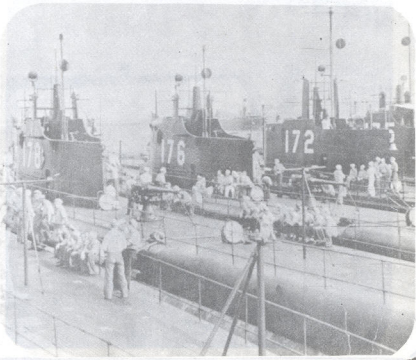
8. Dreameth thee not, whilst in thy hammock, for thy loved ones, for verily I say unto you, thou wilt be bitterly awakened by ye strident tones of ye general alarm, calling thee often to yon "Battle Stations Torpedo," and be forced to scurry to thy station of battle, there to be bounced like a ball made of rubber whilst depth charges rain heartily about thy head and shoulders.

9. Know ye well the one called "Chief of the Boat," for he is short of temper and yearneth for thy liberty card. Though he smiles at thee and feigns friendship, he looketh only for a clean and tidy bunk and hath been heard to murmur, "Bust your ass," as he swaggereth forth through the battery aft.

10. He hath eyes with which to see, and they are perceptive as the serpent's. Anger him not by leaving thy shoes steaming about the deck, lest ye find them in the deep six.

11. Cursed be he who linger after the word, "Quarters for muster topside," hath been passed, for he is thrice damned, and all people, even unto the Exec, shall revile him and use strong language on his behalf; for is indeed a plumber and a plague upon the ship.

12. Beware ye of the Old Man in the Conning Tower and regard him not lightly, for he is all-powerful. When he speaketh, linger not over the cup of joe, for he falleth like a whirlwind upon thy head and launcheth his anger upon the non producer without compassion.



13. Mark ye well the words of the Chiefs of the tribes, for they be wise men, mighty and experienced in the eyes of youths, lovers and warriors. He who produces shall find kindness and merriment, but woe to the slacker and goof-ball.

14. Honor ye the Princes, El Div Com and El Comma Door, for they be natures noblemen, the chosen few. Their beards be long, but their lips speak the word; they are the prophets.

15. Quake not when cometh the Mighty One, El Admiral. For he doth admire the steadfast and sure; while his warriors do smite the warring.

16. Respect thee the Quack and mark his words. For his ways be meek, but all men marvel at them, and his skill is untouched.

17. Heed ye well the schedule for qualifying as set forth by the Qualifying Officer, anger him not by falling behind thy schedule, for he hath great jealousy of thy liberty hours and taketh them all away from you without conscience. The neophyte of the sewer pipe will be wise to learn the boat quickly and thoroughly, lest his friends on the beach drink a toast to him who remains on board to make the drawings and check the compartments.



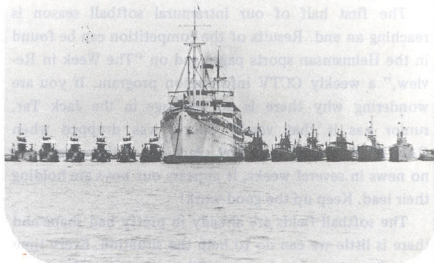
18. Hell hath no fury like a Qualifications Officer scorned, for whomsoever arouseth his wrath shall remain on board 'till it be calmed. Render unto Caesar that which is Caesar's due. As the Dolphins shining from breast to the left indicate that much hard labor has been accomplished, does also its absence show that much is to be done.

19. Woe unto those who cleanse their sweaty bodies with aught but the oils of their profession, for the fires of Hell are as nothing compared to the stills; and the wrath of the Engineer decendeth on the water-wasters like a Typhoon in August.

20. Offend thee not the Stewards and the Commissary-men, for a sharp tongue may bring forth revenge, even unto salt in ye joe or worse fate which shall be mentioned not in front of ladies.

21. Adventure will be thine in strange, intriguing lands, but heed thee well thy boat schedule, lest thee be set upon by temptation and lust. For it is truly said, that yon warm sack is a better bargain at 200 yen than ye cold bum boat at 500.

22. Remember ye the fate of Sampson; be not led astray by the wiles of strange wantons in a foreign land. As it was written for Sampson, so is written for thou; beware, lest thou, too, be had by the shorthairs.



23. Let local vintage tempt thee not, lest thy stomach revolt, thy head explode and thy grommet work double time; for it is truly said that ye native hooch is ye American poison.

24. Heed ye well these words, thy neophyte snorkelers, for they are the bitter fruit of those who would go before you. Guardeth thy virtue jealously, lest thou curse and blasphemeth thyself and fear to tread the road heavenward when thou hast lost the bubble.

25. Know, then, should ye choose to follow these sage words, that those of ye shall live to retire on thirty, so shall your words benefit those who follow you, for in the realm of the submariner, many are called but few are chosen. So harken ye to the chosen few.

notes from Special Services

The first half of our intramural softball season is reaching an end. Results of the competition can be found in the Helmsmsan sports pages and on "The Week in Review," a weekly CCTV information program. If you are wondering why there is no coverage in the Jack Tar, rumor has it that varsity sports was dropped when CANOPUS jumped into first place. Since there has been no news in several weeks, it appears our boys are holding their lead. Keep up the good work!

The softball fields are already in pretty bad shape and there is little we can do to help the situation. Every time we soften the ground up and fill in the holes, the desert winds come whipping in and blow the top half of our fields into the sea. Obviously, what remains is the nice hard concrete-like surface that you have all come to know and love. We have tried just about everything short of Astro-Turf for these fields and we are open to practical suggestions.

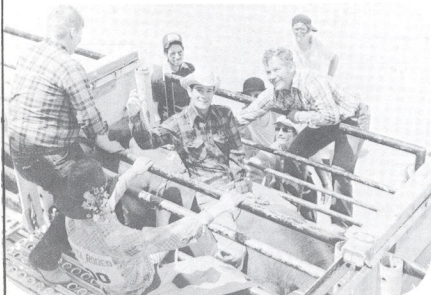
Our potential football players have already started to work out. The team should look good in play, as well as uniform this year. We are changing colors this year and should present a quite bright appearance while crushing the opposition. Actually, football practice should

begin around August 1st, so if you are interested in participating in what will probably be the last season of Navy tackle football, contact SHI Westrick at 411 or 2471.

On the tour circuit, our standard Day Trips are still popular but we can't seem to attract much interest in the extended tours. We publicized a transportation only trip to T-Town for \$8 round trip and response has been negligible. We can only run at this price with a full bus, so if you have 40 people who want to go to somewhere, be it Madrid, Torremolinas or wherever, contact Special Services and we'll set you up.

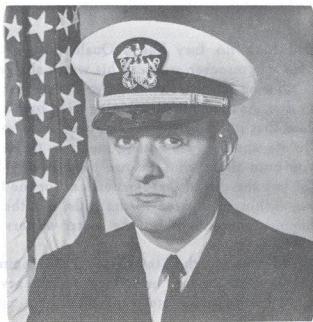
In the same vein, the proposed tour to Scotland had to be cancelled due to lack of interest. It looked like a sure thing during the planning, but after a month of advertisement, there was not a single reservation. Once again, we guessed wrong, and we still don't know why. In an effort to get at the bottom of this mystery, we are mounting a suggestion box at the SITE II Rec Center. This box is for any suggestions to improve operations, tours or complaints you may have. We can't operate in a void, so let us know what's going on.

Capt. Will tames wild bull



Captain Will, in order to fulfill his Rodeo Club Navy Relief challenge, had to mount the notorious "Droopy" bull. Although the animal never left the stall, Captain Will stayed aboard long enough to win the honorary cow bell for his 8-second adventure.

Mystery Man



It's none other than LT John P. Kennedy! Mr. Kennedy, you were that young TMSA once upon a time, right?

The Athletic Director sez.....

by OSC Doug Gunnell

There are a lot of things happening in the area of athletics in the next couple of months. The overview here in this article is brief, therefore, feel free to contact me at Special Services for more information.

TENNIS

The weekend of June 30th will see the NAVEUR Tennis eligible playoffs, here in Rota. Anyone from CANOPUS who desires to participate in NAVEUR tennis competition should contact me at 2471 or 411, or Craig Ulrich at the Base Gym at 2565.

VOLLEYBALL

Believe it or not, varsity volleyball starts again on August 14th. Anyone interested in trying out for the team should contact TMC Byrd at extension 454. Any divisions interested in forming an intramural volleyball league starting in mid-September should get in touch with me.

VARSITY SOFTBALL

The CANOPUS Varsity Softball Team is currently in first place with an 8-2 record.

TOUCH FOOTBALL

Now is the time to start getting ready or into shape! CANOPUS will sponsor a varsity team in addition to the intramural league, if anyone shows interest. Divisions interested in forming teams should contact me at the Rec Center. At least 6 teams are needed to form an intramural league.

TACKLE FOOTBALL

We still need a coach, but the program is looking great! Start getting into shape now. If you have any experience in coaching football, let me know.

GENERAL COMMENTS

If you have any special athletic interests that are not covered by the CANOPUS Athletic Program, please contact me at the Rec Center, 2741 or 411. One program rule to remember: If you play on a varsity team, you cannot play on an intramural team in the same sport.

SOFTBALL STANDINGS

Position	Team	Won	Loss	Percentage
1	Squadron	7	2	.778
2	S-3/R-5	8	3	.727
3	R-1	7	3	.700
4	MARNAV/A	8	4	.667
5	DECK/SK's	5	4	.556
6	W-5	6	5	.545
7	OPS NAV	5	6	.455
8	1st Class	4	7	.364
9	W-1	3	6	.333
10	R-2/R-8	3	7	.300
11	Wardroom	1	8	.111
12	APL-31	1	9	.100

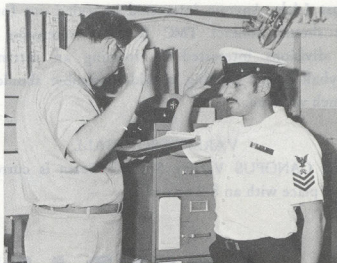
Women's Volleyball

Players for the CANOPUS women's volleyball team. The team is open to all women 16 years of age and older. We will be holding practice and training sessions in the SITE II Rec Center during the month of July and August. The league is tentatively scheduled to begin on August 14.

For sign up and more information on the times of practices sessions, call the SITE II Rec Center at 2471 or CANOPUS at 2932, extension 527.

Come on out and get your exercise in a fun way.

LT Simpson and BMCS Einhellig, CANOPUS Safety Officers, show the crew the goal to shoot for in accident prevention.



SK1 Juan San Juan receives the reenlistment oath from LCDR (SC) Charles Clements. SK1 San Juan reenlisted for guaranteed orders to MAAG duty in Panama.

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