

The HELMSMAN

USS CANOPUS (AS-34), ROTA, SPAIN, VOL. 13 NO. 6

July/August 1978



NAVSTA Champs....2nd year



Captain's Call

by Captain John M. Will, Jr.

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Adios, amigos.

This is my last opportunity to communicate with you via this column. I want to use it to express my appreciation for the complete support given me by all levels of seniority within this command. I could not have asked for a finer group of shipmates and friends. In this, I am speaking not only of you, the officers and crew of CANOPUS, but also of your lovely and supporting families as well. You are true professionals, proud of the job you do, and possessive of the CAN-DO spirit that has become the CANOPUS hallmark. I would like to stay on as your Commanding Officer, but to do so would prevent someone else from having the pleasure of working with the best team in the Navy. My relief, Captain Dwaine Griffith, comes aboard with an excellent background and an outstanding reputation. I would not want to turn the reins over to a lesser qualified individual. I am sure he will continue those policies which are beneficial and improve on those for which change would be advantageous. I look forward to watching CANOPUS' continued growth and her receipt of well deserved plaudits and awards. I'll not say goodbye, but farewell, with the hope that we may serve together again. My best wishes to all of you for the future.

J. M. Will, Jr.

Dear CANOPUS Family,

In recent months, we have happily "hailed" the new and regretfully "farewelled" the departing members of our ever changing group. And now comes the most difficult time of all for John, me, and the Will brigade--saying goodbye ourselves.

During two enriching years with you, we have enjoyed numerous successes and a few hardships together. I wish time would permit me to thank each one of you individually and personally, again and again, for your loving support and sincere thoughtfulness to us.

We will miss you! We will always remember you! May we see you soon!

Smooth sailing and fond wishes from all the Wills.

Linda Will

Editorial

*So you think you know who you are.
Prove it!*

"Why should I carry my I. D. card around with me? I live on board." "You only need your I. D. card if you are going to leave the ship."

You have probably heard some of these statements before. I should say, you have probably heard some of these EXCUSES before.

The main and only purpose for having an I. D. card, or in the case of restricted men a form stating that your I. D. card is being held is to correctly and beyond the shadow of a doubt identify yourself if the need should arise.

For example, if you are asked to identify yourself and you tell the Marine security guard that you don't have an I. D. card, he can only assume that you are a security violator. This situation could get quite uncomfortable for you. You have better things to do than having to be marched to the Security Office and your division officer has better things to do than to come down and identify you.

Face it fellows, a military I. D. card weighs all of one half of an ounce. That is even with extra heavy lamination. You surely won't break your back by carrying it in your pocket. You wouldn't dare leave it in the "other pair of pants" on payday, so get in the practice of always having it with you. It will save you a lot of trouble.



CWO1 Robert W. Welch receives his certificate of retirement from Captain Will after over thirty years of proud service.



Chaplain's Corner

by Chaplain (LCDR) R. R. Crowe

Their car was exceeding the speed limit and there was a light rain on the road, making driving even more hazardous. The wife nervously says to the husband, "You're driving too fast! You'll get a ticket or cause an accident!" He smiles and says confidently, "No I won't, honey, cause I get special protection from the Lord." At that moment, there is a bright flash of light in the road ahead as a lightning bolt strikes a tree in front of the car. Immediately the car slows down to the legal speed and the husband looks up and soberly says, "I was only kidding about that, Lord!"

We usually get away with our wrong doing because nothing dramatic happens like in the story above. We think, Hey, I can get away with it. Most punishment for wrong doing is deferred and not immediately executed. Excessive eating, drinking or general abuse of our bodies takes a while to have its effect. We ignore the immediate symptoms but later the full price is exacted. Excessive anger, fear, worry or depression also have long term payments in the form of a host of degenerative diseases.

Along more subtle lines we also break moral laws with seeming impunity. The payment is the destruction of once beautiful lives. Next to God's name, the holiest thing in the universe is his institution of marriage. If we fail to see the sanctity of marriage and act accordingly, we pay in the loss of the greatest joys known to men and women. Continual disrespect results in the loss of peace of mind, then the loss of happiness and finally the loss of even the sexual function itself. We cannot run roughshod over the precious gifts the creator has endowed us with. Men and women are more than just animal. This is poetic irony that the very gift we center our lives around becomes lost itself. We think that we have gotten away with it but not so---the payment comes later.

"Because sentence against an evil deed is not executed speedily, the heart of the sons of men is fully set to do evil." Proverbs 8:11.



FEEDBACK: Where are we going?

No one can deny that the world is changing, and changing fast.

The liberal forces are in a continual battle with the reactionary forces to the right. The technological capabilities that should help improve man's lot and draw him closer together seems to have emphasized his differences. In a period that is bringing the Communist Party into the governments of our NATO allies, we still find a 300 year old religious war in Northern Ireland.

In a similar situation, we find ourselves trying to solve the problems of alcohol abuse and at the same time there is a growing effort to legalize the various drugs being used for recreation.

Our President is pushing the human rights issue around the world and women's rights groups have brought the female touch to all but the combat arms of the Defense Department. Previously, we have looked at these problems in the Helmsman through the Feedback column. I seems everyone was in favor of equal rights for women, if they can do the job, they are welcome to it. There is a strong current in favor of easing restrictions on drugs, particularly among the younger crew members.

This month, instead of walking the ship and getting a random sample of opinion, we would like to aim for a broader sample of opinion. Well written opinions will be published in future issues of the Helmsman, and we hope to create a forum for the discussion of events and problems of interest to the crew. To kick it off, we would like to look at the human rights situation, in particular, homosexual rights.

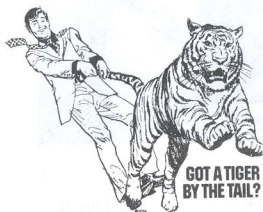
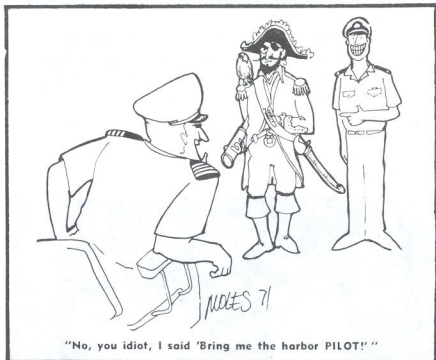
With the impending assignment of women to service craft, we assume that there would be an increase in the sexual interaction of the crew, which we also assume is at this time, nonexistent. Granted that women will be as hardworking and professional, if not more so, than their male counterparts, there is a natural and normal attraction for the opposite sex which will sooner or later take its course.

Since this end result is sexual relations between two sailors, where do you draw the line? Obviously, this behavior is inappropriate on the ship, but what about on the beach? If there is nothing wrong with heterosexual relations between two sailors while on their own time,

why should there be any limitations against homosexual activities? If it is all right to use drugs off the ship (as many people seem to believe), why start drawing lines at sexual preferences?

As long as a man does his job well and does not infringe the rights of others, should he not have the same rights as all other citizens? Logically, sex or sexual preferences should have no bearing on a person's qualifications for a job. If a person is qualified and competent, he should have every opportunity to perform that job without discrimination. If the Equal Rights Amendment is passed and it allows no discrimination because of sex, does that mean that homosexuals will be guaranteed the right to serve on ships, as well as women? If this is true, there will be a lot of adjustment required.

Are you ready for that much adjustment?



No, it's not a tiger, but it could be a bear. The CANOPUS cruise book is in the works but we need your help. Anyone with experience or a desire to get involved with the best cruise book ever produced, come down to the Public Affairs Office or call ext. 230.

NO, A CRUISE BOOK!

Human Goals Officer

In this issue I would like to address middle managers. I will give you some basic information about human goals. For the benefit of those that are not aware of what is included in the human goals program I will simply name the major areas:

- *Leadership and Management training
- *Organizational development
- *Overseas diplomacy
- *Equal opportunity and race relations
- *Drug and alcohol education

Many people in the Navy have a misconception about the purpose and objective of human goals and usually will use the label "human relations" for the program they know little about. In addition many people think that the purpose and objective is to have everyone be friends, to be chummy, or to have one big happy family. Let me clearly state what the overall objective is and the basic purpose. The overall objective of the human goals program is mission accomplishment. The purpose is to do so in the most EFFECTIVE ways possible.

My primary job on this ship is to assist command through the human goals program and through any other way the command desires to utilize my skills for mission accomplishment. I've brought with me seventeen years of experience in all sizes and types of ships in the U.S. Navy. I have had extensive training plus three years of experience in the human goals field. I have assisted no less than thirty ships and stations in the field and I have a great deal of expertise in human goals which is available to you.

Before human goals programs came into being problems and problem areas were dealt with from the standpoint of leadership and management. In today's Navy and more specifically aboard this ship I see that managers generally commit one of two errors.

1. They never refer people to other resources. They feel that they can handle their own problems by themselves. There is no doubt that they meet with some success—but couldn't the long hours and manpower expended been less costly by referring that individual to a resource with special training in that problem area? Or perhaps training is available to this manager to enable him to deal with the problem more effectively?

2. They refer ALL their problems to someone else—usually to a resource with special training, along with this they expect one hundred percent success. In addition, they place all responsibility on that specialist. For example; a supervisor takes (refers) a man to the alcohol counselor and expects magic to happen—the supervisor then assumes that he has fulfilled his obligation and that the counselor now 'owns' the problem.

Common sense runs deep through effective leadership and management practices, we can go to extremes such as the ones cited above or face our responsibilities

as managers and do what is right. It is my firm belief that most of our problems can be solved through the use of effective management principles—and for the problems we can't solve there are other human resources that can assist us. There are many ways to the top of the mountain, where some things may work for one they may not work for another.

Leadership and management training are available as well as organizational development training—take advantage of this training, it may help you become more effective than you are already. And for those that live in the past or are still clinging to the dream of how it was on "the Lake", "the SIMON LAKE" or "the other ship", perhaps that is just an excuse for what you can't do. And if your reply is "They won't let me!" then perhaps you've quit trying. But fear not—I also can give a course in "institutionalized common sense."

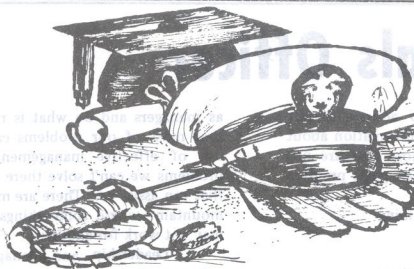
I've observed many of our managers who have retired "on the job"—how about joining up again—it can be worthwhile. There are many people on this ship that give of their time and talents to human goals—Do you know who they are? Do you know any of these people?

LCDR Crowe—Chaplain
LT Garcia—Medical Officer
CWO4 Crisp—Equal Opportunity Assistant
FTCM Trimble—Command Master Chief Petty Officer
SKCM Groom—Equal Opportunity Program Specialist
MRC Traff—Alcohol Counselor
QMC Gould—Drug and Alcohol Program Assistant
DPC Johnson—Racial Awareness Facilitator
MRI Stocking—Collateral Duty Alcohol Counselor
I encourage all of you to make use of the resources available. As for me, I am here to serve.

RMCPacheco (EXT 368)



ETN2 Jeffery Westrick and his wife Janis are smiling because he has just reenlisted for guaranteed assignment to a school of his choice and almost \$12,000.



Paths to a commission

The principal purposes of the Navy's officer training programs are to increase the usefulness of the individual to the Navy and to provide the climate and career incentives that will attract and retain high-quality enlisted personnel.

- **Naval Academy.** The Naval Academy at Annapolis provides four years of college study leading to a Bachelor of Science degree and to a commission in the Regular Navy or Marine Corps.

- **Naval Reserve Officers Training Corps (NROTC).** This program supplements the Naval Academy by training young enlisted men and women for careers as commissioned naval officers while they are attending the college or university of their choice. There is also a two-year NROTC college program designed to augment the current four year program. It is available to those who meet the eligibility requirements.

NAVAL RESERVE OFFICER PROGRAMS

- **Officer Candidate School (Men).** The Officer Candidate School (OCS) program for men who already possess a bachelor degree provides officer indoctrination training for selectees at Newport, R.I.

- **Aviation Officer Candidate (AOC).** This program provides pilot training for selected applicants leading to a commission in the Naval Reserve and designation as Naval Aviator.

- **Naval Flight Officer Candidate (NFOC).** This program provides training leading to final designation as a Naval Flight Officer or Air Intelligence Officer.

- **Navy Judge Advocate General Corps (JAG).** To qualify for the JAG program, Navy persons must first graduate from an accredited law school and be a member of the bar. When selected for this program, Navy people are appointed lieutenants and receive training at both OCS and the Naval Justice School.

OTHER PROGRAMS

- **Medical Service Corps.** Senior hospital corpsman (HM) and dental technicians (DT), who possess the necessary qualifications and motivation, have an opportunity to compete for commissions in the Medical Service Corps.

- **Warrant Officer Program.** The warrant officer program provides a direct path of advancement to warrant officer status for outstanding enlisted men and women on active duty in the Regular Navy or Naval Reserve.

- **Navy Physician's Assistant Program.** Under this program, enlisted men and women in pay grade E-5 or above may receive an additional three years of general medical training and an appointment as Physician's Assistant Warrant Officer.

- **Limited Duty Officer (LDO) Program.** This program is open to male personnel, E-6, 7 or 8, who have completed between eight to 16 years of active naval service. The LDO serves as a technical manager in fields embracing his enlisted specialty.

- **Broadened Opportunity for Officer Selection and Training (BOOST).** This program opens up careers as naval officers to enlisted men and women who have demonstrated leadership potential, but whose academic backgrounds may be inadequate. BOOST provides up to two years of individually tailored instruction aimed at preparing students to compete for entry into the Naval Academy or NROTC officer procurement programs.

The schools and programs are there for you to use. Stop in and talk it over with your career counselor. Don't be a "Steam'n Seaman" for four years. Your future in the Navy is loaded with opportunity, limited only by your desire to take advantage of it.

SAILOR OF THE MONTH

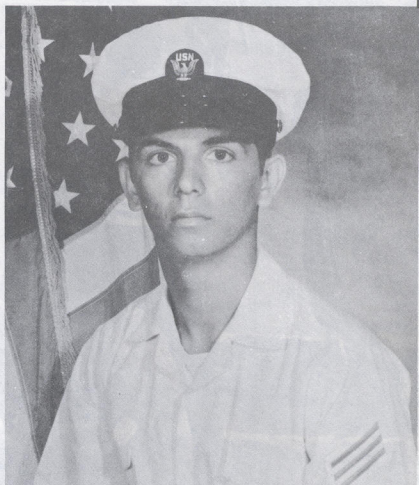
Fredrick H McCaslin Jr.

How exactly does one get to be named Sailor of the Month? Hull Maintenance Technician Fireman Frederick H. McCaslin, Jr., CANOPUS Sailor of the Month for July says, "Do what you are told and give 100%. I also try to get along with everybody."

HTFN McCaslin entered the Navy on April 28th, 1977. Upon completion of basic training at Great Lakes, he went on to Philadelphia for HT "A" school. The Mills, Pennsylvania native then reported to the CANOPUS on November 19, 1977. After a brief stint of mess cooking, HTFN McCaslin was assigned to R-1, where he works as the divisional supply petty officer. He says that he enjoys working with the supply system because it is furthering his business education, but wishes he could work more in his rating.

"I like the HT rating because there are a variety of job areas I can work in. I am not restricted to one set pattern. For example, I can go into shipfitting, carpentry, sheet metal work and many other areas," explains HTFN McCaslin.

"HTFN McCaslin puts in a lot of extra time and accepts changes to his daily routine without any complaints," says HTCM James Roney, Assistant Hull Repair Officer. "He is an outstanding young man--the calibre of person we like to see in the Navy."



When not at work, HTFN McCaslin actively participates in divisional functions as well as the CANOPUS intramural athletic program. He also enjoys touring in Spain.

That is what one has to do to be named Sailor of the Month.

Conservation:



Turn the tap off while brushing your teeth. By wetting the brush before and rinsing briefly afterwards, you can save up to nine gallons of water.

Double sea duty credit

WASHINGTON, D.C. (NES) ... How would you like to go to sea for one year and get sea duty credit for two years? You can do this and see the exotic Middle East at the same time if you volunteer for a one year tour on board USS *LaSalle* (AGF 3).

BUPERSNOTE 1300 of May 25, 1977, instituted the double sea duty credit. The homeport of Commander, Middle East Force Staff and the flagship *LaSalle* is Norfolk and a forthcoming revision to OPNAVINST 4600.16B will list them as "permanently deployed." As

such, personnel ordered to these units are entitled to have their dependents transported to the homeport of Norfolk or the location of their choice in the United States. Additionally, you can be guaranteed a return to your present duty location or assignment to one of your duty preferences (consistent with billet availability) following your one year tour on *LaSalle*. Volunteers are needed for all shipboard ratings, and you may request this duty via Enlisted Transfer and Special Duty Request (NAVPERS 1306/7).



Buddy Murray, number 9 leads us off, taking a turn at bat to start off a champion season.

Number 10, Mike Brandt gets a piece of one to give the 'enemy' something to worry about.



CANOPUS ALL-STARS

NAVSTA Rota champs

2nd place NAVEUR champs

It was a very good year. CANOPUS destroyed all competition on Naval Station Rota, finishing the year with a 17-3 softball record, undisputed champions. On to the NAVEUR tournament in Naples for more of the same, we had the best statistics and the best play until the very last when the All-Star team from Rota gained a little revenge. Even so, four of our players went on to the All-Navy competition; MT1 Gale Bridges, SK2 Walter Stahl, DP1 Mick Murray and LCpl Rick Ruggiero. While the entire team didn't make it back to the States, it took the talents of the best players from the best league in Europe to stop them. And we were already champions of that league. We know All-Navy caliber players when we see them, and the whole team could have gone on. Congratulations on a real fine season, to some fine players.

A good one like CANOPUS takes the t

It's the ones that Navy Rick Ruggiero run homer.





A good offense still needs a strong defense, and the CANOPUS had both this season. Ken Adams takes the throw in plenty of time.



Coach Wally Waldhauser lends a hand with the gear. Don't worry Chief, even Billy Martin sometimes gets left holding the bag.

ones that count that make the game. All Rick Ruggiero coming home after a three



If you receive no communication from the winning team, you should not bring suit problems to the attention of department and voting action officers who will see the matter is investigated. Keep in mind that in such a situation, time is of the essence.

Using an FTCA form to obtain an official ballot may not be the best of voting available to you. The existence of alternative



Absentee voting: an essential duty

The importance of voting, whether you're at home, overseas, at sea or living in other than your state of legal residence, was summed up by Edmund Burke: "All that is necessary for injustice to prevail is for enough good men to do nothing."

The vote is the key to our whole system of government. The hallmark of our democracy is to control that, the people, exercise over our government by our free vote. But it takes a majority of informed citizens, conscientiously voting in each election, to assure that our democratic rights are preserved. If too many people are too busy, too indifferent, or too lacking in conviction to vote, we run the risks that go hand in hand with minority rule. History has shown us case after case in which individual liberties have been lost because the majority of the people neglected their responsibilities.

In the United States, we elect more than 500,000 public officials. They serve at all levels of government and their decisions directly influence our lives and well being. All of these officials derive their authority from us, the voters who elected them.

Our fundamental right to choose those who will make the decisions that affect our lives does not diminish as the distance from the voting booth increases. You can vote, using the absentee ballot. It is really very simple. First, you register as a voter (if required); request an absentee ballot; vote and return the ballot to the election district.

You will probably get your absentee ballot by using the Federal Post Card Application (FPCA). The FPCA is a postage free post card printed and distributed by the federal government for use by absentee voters.

Mail the FPCA in ample time to comply with your state deadline. Be certain that enough time is allowed to accomplish whatever additional actions are required by state law to obtain, mark and return an absentee ballot in time for it to be counted.

The FPCA does not require any postage if mailed in a U. S. postage facility—including military post offices.

If the FPCA reaches its proper destination before the applicable deadlines and if it has been filled out correctly, you should receive something back in the mail—either a form to complete and return, an absentee ballot or both, depending on your state.

If you receive no communication from the state within a reasonable length of time, submit a second FPCA. Through your voting assistance officer, you should also bring such problems to the attention of department and voting action officers, who will see the matter is investigated. Keep in mind that in such a situation, time is of the essence.

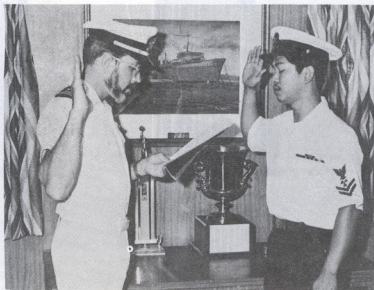
Using an FPCA form to obtain an absentee ballot may not be the only method of voting available to you. The existence of alternative procedures depends upon three

major factors: who the voter is, where the voter is and the law of the voter's state of legal residence.

To be sure you do it right and to get the assistance in filing the necessary form(s), see your voting assistance officer or voting representative right away.

The Overseas Citizens Voting Rights Act of 1975 establishes procedures for absentee registration and voting in all federal elections (i. e., for the President, Vice President, U. S. Senators and U. S. Representatives) for the benefit of any person who can satisfy all of the following requirements: be a U. S. citizen, reside outside the United States and have a valid passport or military I. D. card and registration issued under the authority of the Secretary of State. People who fulfill these requirements are authorized to register and vote absentee in the state or election district in which he or she was last domiciled before leaving the United States. Further, such persons must, at the time of departure, meet all qualifications to vote in federal elections under current state law; must meet all state or district qualifications consistent with the voting act; must not maintain a home be registered to vote nor vote in any other state, election district or U. S. territory or possession.

MM2 Jose Basilio reenlists with the aid of his Dept. head, LT Ramsey. Petty Officer Basilio shipped for a school of his choice in the STAR program and received over \$11,000.



Rota Divers do it....UNDERWATER!

by ETI Richard Ames

For three weeks in late June and early July, ten people made the most of an opportunity to learn about SCUBA, Self Contained Underwater Breathing Apparatus, diving. Classes were taught by CANOPUS' own TM2 Nick Alexiades in conjunction with the Aquanauts Diving Club.

Prior to commencing the classes, students were required to demonstrate a minimum level of swimming ability and watermanship by completing a practical test. The test consisted of swimming sixteen lengths of a pool, treading water for fifteen minutes and then swimming half the length of the pool underwater.



"Nick did most of the talking."

Considerable preparation was necessary before the students could make their first ocean dive. Safe diving, with or without SCUBA equipment, includes a thorough knowledge and practice of basic water skills. Classes in the practical skills and theories related to safe diving were provided; these covered the physics of diving; medical aspects of diving; fundamentals of compressed gases used during diving; skin and SCUBA diving equipment; first aid for divers; marine environment and marine life; how to plan a SCUBA dive; the "buddy system"; underwater communications and emergency plans.

The practical skills were taught in a pool. Initial instruction within a closed area allowed the students to familiarize themselves with the equipment and how to use it safely and effectively. After learning the basic skin diving skills, the students progressed to the use of SCUBA equipment. It was now time for the skills learned and practiced in the pool to be used in the ocean.



"The surf was minimal, but surf entries were practiced nevertheless."

The open water classes were held at Trafalgar, about an hour and a half drive from Rota. This is a popular place for diving here in the area. The first class at Trafalgar concentrated on the use of skin diving equipment in the open water. Dr. Jan Garcia gave a lesson on practical first aid. While in the ocean, students practiced towing, mask clearing, and ear equalization.



"First Aid: The Doctor's turn."

The second class held at Trafalgar was the first open water SCUBA dive. Emphasis was placed on the necessity to plan each dive and to keep each divers physical capacity in mind.

more diving on page 12

Diving con't.

For the students to receive their certificates of qualification as a SCUBA diver from PADI (Professional Association of Diving Instructors), they must attend each of the nine class sessions and complete three ocean dives subsequent to the classroom sessions. The instruction provided meets the requirements of American National Standard Z-86.3-1972, totalling approximately 50 hours.

Diving for naval personnel in the Rota area is being promoted by the Naval Station sponsored Aquanauts Diving Club. The club meets at 8 p.m. on the first and third Wednesday of the month. The first meeting of the month is held at the base Community Center; the second is held at Benny's pool in Rota. Another SCUBA class is being planned for September--are you a prospective diver?



At the beach for the first ocean dive. From Left to right, front row: Bob Thorp, Jan Garcia, Ken Wallace, Nick Alexiades, Bruce Gustin, Rudy Hill, Bob Ibarra. Back row: Fred Edwards, Lester Sykes, Bill Ferguson, Dick Ames, Judy Grant.

Here come the Movies!

In this issue, we are starting an article to announce new movies that are on their way to the CANOPUS and the Naval Station Theater. As we are not able to preview any of these films, we will simply write a synopsis of the film from the information provided to us. If anyone would like to become a Rex Reed or Gene Shalit and take a stab at becoming a movie critic, let us know. We would be glad to print a movie review column.

Enough for plans for the future. On their way to the CANOPUS are:

SATURDAY NIGHT FEVER

In Brooklyn's Bay Ridge section, John Travolta contends with a menial job in a paint store and constant harrassment from his parents. Only on Saturday night, when he dances at 2001 Odyssey disco, does he become his own boss and king of the disco scene.

HIGH ANXIETY

Dr. Mel Brooks, who suffers from high anxiety, takes over as head of the Psycho Neurotic Institute for the Very Very Nervous. This film parodies segments of Hitchcock classis. Producer, director, writer and singer Mel Brooks triumphs in the end over a long stemming conspiracy between the head nurse and a resident psychiatrist.

SISTER STREETFIGHTER

Li Hunglung goes to Tokyo to look for her missing brother. He is a narcotics agent from the Hong Kong Police Department who disappeared three months ago. She sneaks into the house where her brother is being held and is confronted by killers hired to do away with her brother. After narrowly escaping death, she invades the house again, locates her brother and confronts the killers for a second and final time.

FIVE DAYS FROM HOME

It's just a week before Christmas when T. M. Pryor (George Peppard) escapes from prison. He is a former police officer, convicted of killing his wife's lover. With only six days before parole, he learns that his nine-year-old son has been critically injured in an automobile accident in which his ex-wife is killed. When his appeal for early release is denied, escape is the only route.

RETURN OF THE WORLD'S GREATEST DETECTIVE

Bumbling police officer Sherman Holmes has a slight run-in with a motorcycle and as a result of his concussion, believes that he is the legendary detective Sherlock Holmes.

We are nearing the end of summer and the end of the softball season. Our Varsity team was moving at full speed until stopped by the Rota All Star team. This will give proof that here in Rota, the competition is tougher than anywhere else in NAVEUR. But it wasn't a total loss. Four CANOPUS players were named to the All Star team and will be going to compete in the All Navy Finals in Port Hueneme, California. They are MT1 Gale Bridges, DP1 Mick Murray, SK2 Walt Stahl, and LCpl Rick Ruggiero. Congratulations to these fine players.

For the fall season, we will be supporting a wide range of sports activity. For the rough and tough, we have the CANOPUS Big Orange Crush. Here's your last chance to prove how mean you are, as the Navy doesn't play tackle football back in the states anymore. So, if you would like to take somebody's head off, practice started July 31st and if you have not been out there, you're already late.

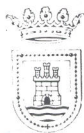
Touch football and volleyball are also warming up. We had some great teams playing last year and the touch football team even produced a base champion. This year, we'll pay them a little more attention and see where they go. Volleyball has had a little more experience and should run a bit smoother. Further down the road is the basketball season, so there should be something for everyone.

In our continuing SITE II beautification project, we have cleaned up the street side of the Rec Center and we're trying to get the back side looking better.

If we could only convince people that this is not a dumping ground, we could set up a few tables and maybe a couple of horseshoe courts. Many people are taking advantage of the new, improved Rec Center. We go through pool table felt at an amazing rate, and the washer and dryer are working from opening to closing time. The basketball area gets a good workout everyday and the game room is usually busy. If there are any problems or anything you would like to see added, we have a suggestion box just inside the front door. Drop us a note.

There has been a change in the Day Trip reservation procedure. SITE II military personnel still go first. This includes any guest they wish to bring along, such as dependents and relatives. Next comes unescorted SITE II dependents and they are allowed to reserve seats for guests such as relatives. All other active duty military personnel and dependents must sign up under the third area as others, where previously they were allowed as guests, they must now travel under their own reservations. So it is worth the trouble to sign up early, if you have friends you would like to bring along on these trips. We take reservations two weeks in advance. Everyone is reminded that with this priority system, unless you are active duty military, we can not guarantee you a seat until just before the bus leaves. If someone with a higher priority than you shows up that morning, you will be bumped--the same as any other Space A travel.

That's about it for this month. Look forward to your Que Pasa for up to date information on tours and other activities at Special Services.

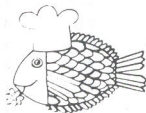


VIII FIESTA

DE LA URTA

ROTA

FERIA GROUNDS



For those who can't make it to the Fiesta de la Urtia, the Feria de la Vendimia will be held in Jerez de la Frontera 6-11 September.

CANOPUS takes 2nd at Naples

by TMC Ray Waldhauser

The ship's varsity softball team finished the Rota Naval Station softball league in First Place, with a 17-3 record. The team depended on a strong defense to hold opposing teams to an average of just under 3 runs per game while the potent offense averaged 11.5 runs per game. During the season, the team held the opposition scoreless twice and to only 1 run in eight games. MT1 Gale Bridges was the only pitcher of record, although SN Dave Holst pitched 33 innings during the season and gave up only five runs. Some of the leading hitters for the team were Dave Holst at .553, MM3 Mike Myers at .552, TM2 Tony Frock .552, DPI Mick Murray .534, and OM2 Mike O'Shaughnessy .525. The defense was anchored by dependable play by HT1 Greg Ferritto at 1st and SN Mike Demey at 3rd, and the league's best double play combo, Mick Murray and Tony Frock at shortstop and 2nd respectively. These two led the league with 33 double plays in 20 games. The outfield starred the rifle arms of Mike O'Shaughnessy in left center with nine opposing players thrown out at 1st base, while the strong arms of LCpl Rick Ruggiero in left and Walt Stahl in right center kept the opposing base runners honest.

At the NAVEUR Tournament held in Naples, Italy 27-30 July, the CANOPUS started out by crushing the USS ALBANY by a score of 21-0. This was one of only three shutouts in the tournament, and featured the three hit pitching of Gale Bridges, and four hits each by Tony Frock, Mike Demey, Walter Stahl and Rick Ruggiero, and two double plays. In the second game CANOPUS drew the team from NAS Sigonella, who had just defeated Kenitra (in one of the other tournament shutouts 4-0), and although the game was tied at two apiece in the fourth inning, the good guys kept threatening and finally broke through in the 6th with four runs to win the game 6-2, Bridges again being the

winning pitcher. Both Tony Frock and Mike Demey got three hits, and another double play.

To this point in the NAVEUR tournament the Rota team had defeated the USS GILMORE/La Maddallena by a score of 5-4 and the home team, Naples, by a score of 16-4. So game three for both teams promised to be a good one, and it was, although CANOPUS lost to Rota 6-4. The game went eight innings and either team could have won earlier, because the game featured a tight defense with two more double plays by CANOPUS and one by Rota. This game put CANOPUS in the losers bracket, with the team responding with a 15-1 victory over Nea Makri, Greece.

In a game in which Bridges gave up only six hits and featured a long three run home-run by outfielder Walter Stahl in the second inning. A home-run by Mick Murray in the 4th, an inside the park three run homer by Mike O'Shaughnessy in the sixth, and another two run shot by Stahl in the same inning capped off the score.

In game five for CANOPUS, it was another match with NAS Sigonella, and this time CANOPUS sent them home with their second loss, this time with a 6-1 score. Sigonella scored their only run on four hits, and were throttled by two more double plays. This brought CANOPUS into the championship game against Rota, and was the second doubleheader for the CANOPUS in three days. Although once again Gale Bridges pitched well for the team, giving up only 7 hits, four of these hits came in the fourth inning and were complimented by the games only walk, one of three CANOPUS errors, and a three-run homer for Rota's usually light hitting first baseman, Ron Cain. CANOPUS was held to four hits by Rota's fine pitcher, Jay Harmon, but had two base runners on in the 1st, 2nd and 4th innings and couldn't come up with the clutch hit necessary to get a rally started.

Intramural Softball Standings

1 AUG 1978

No.	TEAM	WON	LOSS	PERCENT
1	SK's	23	3	.885
2	MARNAB	21	5	.808
3	R-1	20	5	.800
4	CSS-16	17	6	.739
5	S-3	18	7	.720
6	ENG	6	5	.536
7	R-5	15	9	.625
8	W-5	15	10	.600
9	OPSNAB	12	14	.462
10	R-2	10	14	.417
11	R-8	10	16	.385



"If you let me go, Chief, I'll grant you three wishes . . . On the other hand, if you eat me you'll probably get Kepone poisoning!"

The Athletic Director sez.....

by OSC Doug Gunnell

This will be a very busy month for sports activities in CANOPUS. As I am writing this article, the Varsity Softball team is in Naples, Italy, playing in the NAVEUR Championship Tournament after having won the NAVSTA Rota championship with a 17-3 record.

In the Intramural Softball league, the lead continues to change hands almost daily, as there are five teams with very close records. At this writing, the Storekeepers are in the lead, but by press time this could very well change again. With this type of competition, why not come out and watch some very good softball when you can think of nothing better to do?

The Varsity Touch Football team had their organizational meeting a few days ago and are now getting in shape for the season opener on Septembet 9th in the NAVSTA Rota league. Anyone else who may have the desire to play or coach should contact the Athletic Director at Special Services extensions 411 or 2471. Also, I have had a few questions about a CANOPUS Intramural Touch Football league, so if enough interest is shown, we will start a league. At least five teams are needed, so keep in touch. I will hold a meeting during the third week of August concerning Intramural Touch Football.

Be sure to watch for next month's article as I will explain the formula and rules under which the Captain's Cup for Athletics will be awarded this December.

The CANOPUS Varsity and Dependent Women's Volleyball teams are now practicing several times per week getting ready for a clean sweep this season. Both teams are looking good at this point. Coach Byrd of the Varsity says, "No second place this year; we are going to win it all!" Come out to the Base Gym on August 14th for the season opener and cheer them on to victory.

Tackle football is just around the corner!!! Head Coach Dave Roth held a staff meeting with his coaches Bob Sprinkle, Rick Martin, 'Chili' Wilson and Tom Best a few days ago preparing to start practice on Monday July 31st at 1830. Practice will be every day, Monday through Friday on the football field near the Rec Center. In case anyone is not familiar with Coach Roth, he has coached youth athletics here in Rota for the past three years, coming out with the winning team in every sport, every year. This year, with a lot of coaxing, he has agreed to give up youth football and take on the Varsity team and make it a winner again. Remember last year when we lost way to many games. Well, Coach Roth plans to show the Station we are still around this year. We wish him lots of luck! As the "OLDTIMERS" of a couple years ago remember, the SITE II GREEN MACHINE sliced through and mowed down the base competition, so this year, let's get out there and watch the BIG ORANGE CRUSH do the same.

Remember, if you have any questions concerning athletics, please feel free to contact me at Special Services at extensions 411 or 2471 or better yet, just drop by the Rec Center for a visit.



MT2 Alan Miles and his wife Rhonda remain a Navy family as he ships over for a \$12,000 bonus. Captain Will happily congratulates MT2 Miles.

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